

# Primary Health Properties PLC

## Preliminary results for the year ended 31 December 2023

### Organic rental growth continuing to underpin performance and increased dividend remains fully covered at 101%

Primary Health Properties PLC (“PHP”, the “Group” or the “Company”), a leading investor in modern primary health facilities, announces its audited preliminary results for the year ended 31 December 2023.

#### Harry Hyman, Chief Executive, commented:

*“We are encouraged by the organic rental growth achieved in 2023, resulting in another record year with an additional £4.3 million generated from our rent review and asset management activities. The strong rental growth in the year has been reflected in the positive total property return, significantly ahead of the wider property market.*

*“Furthermore, with over 97% of PHP’s debt either fixed or hedged, a strong control on costs, significant liquidity headroom and just one development on site we have limited exposure to further cost increases and development risk.*

*“The high quality of PHP’s portfolio reflects the security and longevity of our income with 89% government funded, near full occupancy and continued rental growth which are key drivers of our predictable cash-flows and underpin our progressive dividend policy with 28 years of continued growth. With a market leading portfolio across the UK, and increasingly in Ireland, we are well positioned for long-term success.”*

#### FINANCIAL AND OPERATIONAL HIGHLIGHTS

Income statement metrics	Year to 31 December 2023	Year to 31 December 2022	Change
Net rental income <sup>1</sup>	£149.3m	£141.5m	+5.5%
Adjusted earnings <sup>1,2</sup>	£90.7m	£88.7m	+2.3%
Adjusted earnings per share <sup>1,2</sup>	6.8p	6.6p	+3.0%
IFRS profit for the year	£27.3m	£56.3m	-51.5%
IFRS earnings per share <sup>2</sup>	2.0p	4.2p	-52.4%
<b>Dividends</b>			
Dividend per share <sup>5</sup>	6.7p	6.5p	+3.1%
Dividends paid <sup>5</sup>	£89.5m	£86.7m	+3.2%
Dividend cover <sup>1</sup>	101%	102%	
Balance sheet and operational metrics	31 December 2023	31 December 2022	Change
Adjusted NTA (NAV) per share <sup>1,3</sup>	108.0p	112.6p	-4.1%
IFRS NTA per share <sup>1,3</sup>	106.5p	110.9p	-4.0%
<b>Property portfolio</b>			
Investment portfolio valuation <sup>4</sup>	£2.779bn	£2.796bn	-1.9%
Net initial yield (“NIY”) <sup>1</sup>	5.05%	4.82%	+23 bps
Contracted rent roll (annualised) <sup>1,7</sup>	£150.8m	£145.3m	+3.8%
Weighted average unexpired lease term (“WAULT”) <sup>1</sup>	10.2 years	11.0 years	-0.8 years
Occupancy <sup>1</sup>	99.3%	99.7%	-40 bps
Rent-roll funded by government bodies <sup>1</sup>	89%	89%	
<b>Debt</b>			
Average cost of debt <sup>1</sup>	3.3%	3.2%	+10 bps
Loan to value ratio <sup>1</sup>	47.0%	45.1%	+190 bps
Weighted average debt maturity – drawn facilities	6.6 years	7.3 years	-0.7 years
Total undrawn loan facilities and cash <sup>6</sup>	£321.2m	£325.9m	

<sup>1</sup> Items marked with this footnote are alternative performance measures. Refer to the Glossary of Terms for a description of these measures and a reconciliation to the nearest statutory metric where appropriate.

<sup>2</sup> See note 8, earnings per share, to the financial statements. Per share figures are presented on a basic basis.

<sup>3</sup> See note 8, net asset value per share, to the financial statements. Adjusted net tangible assets, EPRA net tangible assets (“NTA”), EPRA net disposal value (“NDV”) and EPRA net reinstatement value (“NRV”) are considered to be alternative performance measures. The Group has determined that adjusted net tangible assets is the most relevant measure.

<sup>4</sup> Percentage valuation movement during the year based on the difference between opening and closing valuations of properties after allowing for acquisition costs and capital expenditure.

<sup>5</sup> See note 9, dividends, to the financial statements.

<sup>6</sup> After deducting the remaining cost to complete contracted acquisitions, properties under development and committed asset management projects.

<sup>7</sup> Percentage contracted rent roll increase during the year is based on the annualised uplift achieved from all completed rent reviews and asset management projects.

## EARNINGS AND DIVIDENDS

- Adjusted earnings per share increased by 3.0% to 6.8p (2022: 6.6p) marginally ahead of analyst consensus
- IFRS earnings per share decreased by 52.4% to 2.0p (2022: 4.2p) reflecting non-cashflow losses arising on the valuation of the Group’s property portfolio, convertible bond and interest rate derivatives
- Contracted annualised rent roll increased by 3.8% to £150.8 million (31 December 2022: £145.3 million)
- Additional annualised rental income on a like-for-like basis of £4.3 million or 3.0% from rent reviews and asset management projects (2022: £3.3 million or 2.4%)
- EPRA cost ratio 10.7% (2022: 9.9%), representing one of the lowest in the UK REIT sector
- Quarterly dividends totalling 6.7 pence (2022: 6.5 pence) per share distributed in the year, a 3.1% increase
- First quarterly dividend of 1.725 pence per share declared and paid on 23 February 2024, equivalent to 6.9 pence on an annualised basis and a 3.0% increase over the 2023 dividend per share, marking the Company’s 28<sup>th</sup> consecutive year of dividend growth
- The Company intends to maintain its strategy of paying a progressive, fully covered dividend

## NET ASSET VALUE AND PORTFOLIO MANAGEMENT

- Adjusted Net Tangible Assets (“NTA”) per share decreased by 4.1% to 108.0 pence (31 December 2022: 112.6 pence)
- IFRS NTA per share decreased by 4.0% to 106.5 pence (31 December 2022: 110.9 pence)
- Property portfolio valued at £2.779 billion at 31 December 2023 (31 December 2022: £2.796 billion) reflecting a net initial yield of 5.05% (31 December 2022: 4.82%)
- Revaluation deficit in the year of £53.0 million (2022: deficit £61.5 million net of profit on sales), representing a decline of -1.9% (2022: -2.4%) driven by NIY widening of 23 bps equivalent to around £128 million partially offset by gains of £75 million arising from rental growth and asset management projects
- The portfolio’s metrics continue to reflect the Group’s secure, long-term and predictable income stream with occupancy at 99.3% (31 December 2022: 99.7%), WAULT of 10.2 years (31 December 2022: 11.0 years) and 89% (31 December 2022: 89%) of income funded by government bodies
- Portfolio in Ireland comprises 21 assets, valued at £245 million / €282 million (31 December 2022: £231 million / €261 million) following the acquisition of one of Ireland’s first Enhanced Community Care facilities at Ballincollig, near Cork. The portfolio in Ireland represents 9% (2022: 8%) of the total portfolio and Ireland continues to represent a core part of PHP’s strategy and preferred area of future growth
- The acquisition of Axis Technical Services Limited, in January 2023, continues to provide a critical strategic advantage with a permanent presence in Ireland, an important move as we seek new investment,

development and asset management opportunities

- Disciplined approach to future investment with pipeline of accretive opportunities totalling £22.6 million focused on asset management projects and one on site development
- Pipeline of 23 asset management projects and lease regears planned over next two years, investing £19.3 million, creating additional rental income of £0.8 million per annum and extending the weighted average unexpired lease term (WAULT) back to over 20 years on these projects
- Winner of MSCI’s UK Highest 10-Year Risk Adjusted Total Return Award for the second consecutive year in 2022 and 2021, reflecting PHP’s market leading property performance

## FINANCIAL MANAGEMENT

- LTV ratio 47.0% (31 December 2022: 45.1%) within the Group’s targeted range of between 40% to 50%
- 97% (31 December 2022: 94%) of net debt fixed or hedged for a weighted average period of just under seven years
- Weighted average debt maturity 6.6 years (31 December 2022: 7.3 years)
- Significant liquidity headroom with cash and collateralised undrawn loan facilities totaling £321.2 million (31 December 2022: £325.9 million) after capital commitments, providing the business with flexibility to execute its strategy
- In October 2023, completed a secondary listing of PHP on the Johannesburg Stock Exchange (“JSE”) to further improve liquidity in the Group’s shares
- €47.8 million private placement loan note issued in December 2023 for a 10-year term at a fixed rate of 4.195% to finance continued expansion in Ireland with the current portfolio valued at a NIY of 5.4% (31 December 2022: 5.2%). The proceeds have been used to repay more expensive variable rate debt drawn on the Group’s revolving credit facilities which are available to be redrawn in the future

## RELATIVE TOTAL RETURNS

	Year ended 31 December 2023	Year ended 31 December 2022
Increase in Adjusted NTA plus dividends paid	1.9%	2.1%
Total income return	5.3%	5.0%
Total capital return	(1.8%)	(2.2%)
Total property return <sup>1</sup>	3.5%	2.8%
MSCI UK Monthly Property Index	(0.5%)	(10.4%)

<sup>1</sup> The definition for income, capital and total property return is set out in the Glossary of Terms.

## RESPONSIBLE BUSINESS AND ESG

- As previously announced, PHP’s Net Zero Carbon (“NZC”) Framework was published with the five key steps the Group is looking to achieve the ambitious target of being NZC by 2030 for all of the Group’s operational, development and asset management activities
- Progress continues on construction of PHP’s first NZC development in West Sussex which is expected to achieve practical completion in Q3 2024
- Continued improvement in portfolio EPC ratings with 42% and 85% (2022: 35% and 81%) rated A-B and A-C respectively driven by the asset management programme

**Presentation and webcast:**

An in-person presentation for analysts will be held today, 28 February 2024 at 10.30am (12.30am SAST) at the offices of Buchanan Communications, 107 Cheapside, London EC2V 6DN, and for those who cannot attend in person, via a live webcast and conference call facility. Following the presentation there will be a managed questions and answers session.

The presentation will be accessible via live video webcast and a live conference call facility:

**Webcast:** <https://stream.brrmedia.co.uk/broadcast/659e72fc277c2248ee137e83>

**Telephone:** UK-wide: +44 (0) 33 0551 0200

**Telephone:** South Africa toll free: 0 800 980 512

**Password:** Quote "PHP full year results" when prompted

If you would like to register your interest in attending the meeting, please contact Buchanan at [php@buchanan.uk.com](mailto:php@buchanan.uk.com).

A recording of the webcast will be made available from c.12.00pm UK time (2.00pm SAST) on 28 February 2024 on the PHP website, <https://www.phpgroup.co.uk/>.

For further information contact:

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## Chairman's statement

In my final report as Chairman before I retire from the Board at the conclusion of the Company's Annual General Meeting to be held on 24 April 2024 ("2024 AGM"), I am pleased to report PHP continued to deliver another year of robust operational and financial performance despite the ongoing volatility in the economic and interest rate outlook caused by both global and domestic events. The volatile interest rate outlook has continued to weigh heavily on the real estate sector during 2023 and early part of 2024. Against this backdrop, the performance in the year was a testament to the quality of PHP's business model, portfolio, management team and people.

The Group's strong operational resilience throughout the year reflects the security and longevity of our income which are important drivers of our predictable income stream and underpin our progressive dividend policy which is now in its 28<sup>th</sup> year of continued growth.

We maintain our strong operational property metrics, with a long weighted average unexpired lease term ("WAULT") of 10.2 years (31 December 2022: 11.0 years), high occupancy at 99.3% (31 December 2022: 99.7%) and 89% (31 December 2022: 89%) of our rent being securely funded directly or indirectly by the UK and Irish Governments. Notwithstanding the fall in values in the year the portfolio's average lot size remains at £5.4 million (31 December 2022: £5.4 million).

We have continued to see rental growth improving with rent reviews in 2023 generating an extra £4.0 million (2022: £3.0 million) an uplift of 8.9% (2022: 6.8%) over the previous passing rent equivalent to 4.0% (2022: 3.4%) on an annualised basis.

We are encouraged by the increasingly firmer tone of rental growth and believe PHP in the medium term will be a beneficiary of the recent inflationary environment both through open market and index-linked reviews. In particular, the significant increases in construction costs, together with historically suppressed levels of open market rental growth in the sector, will be significant pull factors to future growth especially as the NHS seeks to deliver new, larger primary care facilities and modernise the existing estate.

The improving outlook on open market value ("OMV") reviews is expected to offset the impact of declining inflation on indexed rent reviews and it should be noted that most of the growth on OMV rent reviews in 2023 came from the period 2019 to 2021 and therefore does not yet reflect the impact of significantly higher construction costs experienced in the last two years. This continues to be a critical focus of the Group's business model and underpins the rental growth outlook.

The value of the property portfolio currently stands at £2.779 billion (31 December 2022: £2.796 billion) across 514 assets (31 December 2022: 513 assets), including 21 in Ireland, with a rent roll of £150.8 million (31 December 2022: £145.3 million). As previously reported, the deteriorating interest rate environment and economic outlook during 2023 caused us to reconsider our acquisition pipeline and pause investment activity until the economic and interest rate outlook becomes clearer. Our prudent strategy means that we currently have just one development on site and consequently very limited exposure to further build cost inflation and development risk.

Many of our primary care facilities and occupiers will need to deal with the backlog of procedures and demand which has built up since the COVID-19 pandemic and the increasing pressures being placed on the healthcare systems in both the UK and Ireland. We continue to maintain close relationships with our key

stakeholders and GP partners to ensure we are best placed to help the NHS and Health Service Executive (“HSE”), Ireland’s national health service provider, particularly in primary care, evolve and deal with the increased pressures placed on them.

We recognise that the success of the Group depends on our people and I would again like to warmly thank the Board and all of our employees for their continued commitment, dedication and professionalism in ongoing difficult and uncertain times.

### **Acquisition of Axis Technical Services Limited**

In January 2023, the Group successfully completed the acquisition of Axis Technical Services Limited (“Axis”), an Irish property management business, and signed a long-term development pipeline agreement providing access to a strong pipeline of future primary care projects in Ireland.

Axis currently manages a portfolio of 30 properties, including all of PHP’s Irish portfolio, and the acquisition gives the Group a permanent presence on the ground, further strengthening its position in the country and relationship with the HSE. The acquired company also provides fit-out, property and facilities management services to the HSE and other businesses located across Ireland.

Following completion of the acquisition of Axis it has continued to perform in line with expectations in 2023 generating a profit before tax of £1.1 million (€1.3 million).

As part of the acquisition, PHP signed a development pipeline agreement with Axis Health Care Assets Limited, a related company, which gives the Group the option to acquire their development pipeline over the next five years from completion. Axis Health Care Assets Limited is one of Ireland’s leading developers of primary care properties, having developed five properties over the last five years, all of which have been acquired by PHP, and has a strong pipeline of near-term projects with an estimated gross development value of approximately €50 million with further potential schemes beyond that.

### **Overview of results**

PHP’s Adjusted earnings increased by £2.0 million or +2.3% (2022: £5.5 million or +6.6%) to £90.7 million (2022: £88.7 million) in the year, primarily driven by strong organic rental growth from rent reviews and asset management projects, plus income arising from the acquisition of Axis partially offset by higher interest costs on the Group’s variable rate debt. Using the weighted average number of shares in issue in the year the adjusted earnings per share increased to 6.8 pence (2022: 6.6 pence), an increase of 3.0% (2022: +6.5%).

A revaluation deficit of £53.0 million (2022: deficit of £61.5 million net of profit on sales) was generated in the year from the portfolio, equivalent to -4.0 pence (2022: -4.6 pence) per share. The valuation deficit was driven by net initial yield (“NIY”) widening of 23 bps (2022: 18 bps) in the year, equivalent to a valuation reduction of around £128 million (2022: deficit of £134 million), albeit this was partially offset by gains equivalent to £75 million (2022: gain of £70 million) arising from rental growth and asset management projects.

A combined loss of £11.6 million (2022: gain of £29.7 million) on the fair value of interest rate derivatives and convertible bonds, the amortisation of the fair value adjustment on the MedicX fixed rate debt at acquisition and write-off of costs arising from the acquisition of Axis and listing on the Johannesburg Stock Exchange (“JSE”) resulted in a profit before tax as reported under IFRS of £26.1 million (2022: £56.9 million).

The Group's balance sheet remains robust with a loan to value ratio of 47.0% (2022: 45.1%), which is in line with the targeted range of between 40% and 50%, and we have significant liquidity headroom with cash and collateralised undrawn loan facilities, after capital commitments, totalling £321.2 million (2022: £325.9 million). The Group also has significant valuation headroom across the various loan facilities with values needing to fall further by around £1.1 billion or 39% before the loan to value covenants are impacted. This headroom means the Group is well placed to continue to execute on its strategy and adapt to market conditions accordingly.

## **Dividends**

The Company distributed a total of 6.7 pence per share in 2023, an increase of 3.1% over the 2022 dividend of 6.5 pence per share. The total value of dividends distributed in the year increased by 3.2% to £89.5 million (2022: £86.7 million), which were fully covered by adjusted earnings. During 2023, the scrip dividend scheme continued to be suspended in light of the ongoing weakness in the share price and a dividend re-investment plan is being offered in its place.

The first interim dividend of 1.725 pence per share was declared on 4 January 2024, equivalent to 6.9 pence on an annualised basis, which represents an increase of 3.0% over the dividend distributed per share in 2023. The dividend was paid to shareholders on 23 February 2024 who were on the register at the close of business on 12 January 2024. The dividend will be paid by way of a property income distribution of 1.45 pence and normal dividend of 0.275 pence.

The Company intends to maintain its strategy of paying a progressive dividend, paid in equal quarterly instalments, that is covered by adjusted earnings in each financial year. Further dividend payments are planned to be made on a quarterly basis in May, August and November 2024 which are expected to comprise a mixture of both property income distribution and normal dividend.

## **Total shareholder returns**

The Company's share price started the year at 110.8 pence per share and closed on 31 December 2023 at 103.8 pence, a decrease of 6.3%. Including dividends, those shareholders who held the Company's shares throughout the year achieved a Total Shareholder Return of -0.3% (2022: -22.5%).

During the year PHP was announced as the winner of MSCI's Highest 10-Year Risk Adjusted Total Return Award for the UK in 2022 having previously won the award in 2021 and 2017.

## **Environmental, Social and Governance ("ESG")**

PHP has a strong commitment to responsible business. ESG matters are at the forefront of the Board's and our various stakeholders' considerations and the Group has committed to transitioning to net zero carbon ("NZC"). We commenced construction of PHP's first NZC development which is due to achieve practical completion in the third quarter of 2024 and published, at the start of 2022, a NZC Framework setting out the five key steps we are taking to achieve an ambitious target of being NZC by 2030 for all of PHP's operational, development and asset management activities. The NZC Framework also sets out our ambition to help our occupiers achieve NZC by 2040, five years ahead of the NHS's target of becoming the world's first net zero carbon national health system by 2045 for the emissions it can influence and ten years ahead of the UK and

Irish Governments' target of 2050. Further details on our progress in the year, objectives for the future and approach to responsible business can be found in the 2023 Annual Report and on our website.

### **Board succession and changes**

The past year has been a significant one in the Company's history regarding the successful execution of its succession plan and the composition of the Board.

The first step in the plan in 2023 was to recruit a new Chief Executive Officer ("CEO") to succeed Harry Hyman, Founder and CEO who had previously indicated his intention to retire as CEO at the 2024 AGM.

The Company announced on 4 September 2023, after a thorough and extensive search process, the appointment of Mark Davies as CEO with effect from the conclusion of the 2024 AGM. In January 2024, as part of the handover process, he commenced working alongside Harry and the wider team in order to ensure a smooth transition.

Mark is a highly experienced FTSE 250 Executive having held CEO and Chief Financial Officer ("CFO") roles in listed companies and private equity. He was a Co-founder Director of NewRiver REIT plc ("NewRiver") in 2009 and played an important role in taking NewRiver from IPO into the FTSE 250 index in seven years. He was CFO of NewRiver for over twelve years and, alongside his role as CFO, was also CEO/Executive Chairman of Hawthorn Leisure Limited ("Hawthorn") for five years. Mark stood down from the Board of NewRiver following the successful sale of Hawthorn in July 2021 to private equity at a premium price. Mark has considerable capital markets experience and over the last fourteen years has raised over £3 billion of equity and debt in public and private markets.

The second step in the succession plan was to find a successor to myself as Chairman and on 2 November 2023 the Company announced, after consultation with a number of its major shareholders, the appointment of Harry Hyman as Non-executive Chairman subject to shareholder approval at, and with effect from the conclusion of, the Company's 2024 AGM. I will remain as Chairman until I retire at the conclusion of the 2024 AGM.

The Board believes that Harry's appointment is in the best interests of the Group and its stakeholders, particularly as Harry's knowledge and expertise gained over nearly 30 years in the primary care property sector, which is a niche sub-sector of the real estate market, will continue to be invaluable and highly relevant to the Group's future success. Harry founded PHP in 1996 and has served on the Board as Managing Director/CEO since that time. His track record in the listed real estate sector is outstanding and he has been the key driver in PHP's success since its inception. Further details regarding the selection of Harry as Chair can be found in the 2023 Annual Report.

The Board considers that the combination of Mark Davies as CEO and Harry Hyman as Chairman, together with Richard Howell as CFO and David Bateman as Chief Investment Officer ("CIO"), makes a formidable, highly respected leadership team that will continue to build on the success of the business.

The Board has determined that Harry's term as Chairman will be for a maximum of three years.

The final step in the plan was to recruit an additional Non-Executive Director in order to ensure that the Board consists of a majority of independent Non-executive Directors and therefore be compliant with the Corporate Governance Code from the date of appointment. As a result, Dr Bandhana (Bina) Rawal was

appointed as a fourth independent Non-executive Director of the Company with effect from 27 February 2024 and the Board has increased in size from six to seven.

Toby Newman was appointed Company Secretary and Chief Legal Officer on 28 February 2023 following the retirement of Paul Wright.

### **Secondary Listing**

On the 24 October 2023 the Company completed a secondary listing of PHP shares on the JSE. The Board of PHP believes that the secondary listing will contribute to liquidity in the Group's shares as a result of the growing interest in the Company and its increased profile in the South African market, where a number of investors have already shown strong interest in the unique healthcare property investment opportunity. Since listing on the JSE approximately one million shares have been traded to date and we continue to help potential South African investors acquire PHP shares and provide further liquidity on the JSE.

### **Market update and outlook**

The primary care market continues to face challenges in meeting the growing demand for healthcare services. The capacity of existing facilities remains a significant obstacle to implementing government policies aimed at expanding service delivery within general practice, including social prescribing, clinical pharmacists, physiotherapists, mental health, minor operations and other activities. The need for additional space is driven by a population that is growing, ageing and suffering from increased chronic illnesses, which is placing a greater burden on healthcare systems in both the UK and Ireland. The extent of the NHS England backlog remains a significant concern, with hospitals struggling to meet objectives for cancer care and routine treatments. The number of patients waiting for treatment has reached record highs, exacerbating the need for improved and increased primary healthcare infrastructure with approximately one-third of the UK's current primary care estate in need of replacement.

There is a growing expectation that many services in the medium term will progressively move from hospitals to primary care settings, necessitating substantial investment in facilities to accommodate these changes and alleviate the pressure on secondary care in the years to come. The UK government's vision for primary care premises, advocating the establishment of hubs or "super hubs", is a step in this direction. The UK government's vision is that these hubs promote collaboration among primary care staff and provide a wider range of services in a single location. Larger GP practices with more staff and facilities are shown to produce better patient outcomes. This is in line with larger purpose-built medical centres typical of PHP's portfolio and our own ongoing engagement with occupiers where many surgeries require more space.

Declining rents in real terms have made investing in the transformation of GP facilities less appealing. Construction costs have risen significantly over the past decade, surpassing the growth in primary care rents, driven by material and labour costs and increasing sustainability requirements, all of which has been compounded by Brexit, the COVID-19 pandemic and the fiscal policy outlook.

Future developments will now need a significant shift of between 20% to 30% in rental values to make them economically viable and we continue to actively engage with both the NHS, Integrated Care Boards ("ICB") and District Valuer ("DV") for higher rent settlements. However, despite these negotiations typically becoming protracted, we are starting to see positive movement in some locations where the NHS need for

investments in new buildings is strongest. We are aware of instances where the ICB have stepped in and overruled the DV's proposals when those have prevented much needed schemes from progressing. This along with the use of "top-up" rents and capital contributions is starting to allow certain schemes to progress viably and we anticipate this will accelerate.

PHP's mission is to support the NHS, the HSE and other healthcare providers, by being a leading investor in modern, primary care premises. We will continue to actively engage with government bodies, the NHS, the HSE in Ireland and other key stakeholders to establish, enact (where we can), support and help alleviate increased pressures and burdens currently being placed on healthcare networks.

### **Primary health and investment market update**

The commercial property market continues to be impacted by economic turbulence but primary care asset values have continued to perform well relative to mainstream commercial property due to recognition of the security of their government backed income, crucial role in providing sustainable healthcare infrastructure and more importantly a stronger rental growth outlook enabling attractive reversion over the course of long leases.

The continued lack of recent transactions in the year has resulted in valuers continuing to place reliance on sentiment to arrive at fair values. Yields adopted by the Group's valuers have moved out by 23bps to 5.05% as at 31 December 2023 (2022: 4.82%) to reflect perceived market sentiment for the sector.

We continue to see that for both the primary care and indeed the wider commercial property markets, the high level of financial market volatility and economic uncertainty has resulted in a 'wait-and-see' attitude amongst investors, which is expected to continue until the UK interest rate outlook moderates and becomes more certain. However, notwithstanding the significant increases and volatility in interest rates seen in 2023, we continue to believe further significant reductions in primary care values are likely to be limited with a stronger rental growth outlook offsetting the impact of any further yield expansion.

Additionally, the market for primary care assets is relatively small with most assets tightly held by the main specialists in the sector and consequently we anticipate most investors will likely hold their existing assets in the current market primarily because of:

- limited supplies of stock;
- very secure, rising income streams with an improving rental growth outlook;
- the main specialists in the sector all having strong balance sheets so there are likely to be limited "forced sales"; and
- a desire from investors to seek a "safe haven" with some shifting from other property sectors.

### **PHP Outlook**

Growth in the immediate future will continue to be focused on increasing income from our existing portfolio and we are encouraged by the firmer tone of rental growth experienced in 2022 and 2023. As already noted, we believe the favourable dynamics of inflation over the last two years and increased build costs combined with a demand for new primary care facilities and the need to modernise the estate will continue to increase future rental settlements.

We are currently on site with just one development which is due to complete in Q3 2024 and consequently have very limited exposure to higher construction cost pressures and supply chain delays. In our immediate pipeline we have just one development and 23 asset management projects with a total expected cost of £22.6 million and will continue to evaluate these, together with a wider medium-term pipeline at various stages of progress and seek to negotiate rents with the NHS at the level required to deliver an acceptable return.

In the current environment, Ireland continues to be the Group's preferred area of future investment activity and we have ambitions to continue to grow the portfolio there to around 15% of the total (31 December 2023: 9%). The acquisition of Axis, in January 2023, gives the Group a permanent presence in Ireland, an important strategic move as we seek out new investment, development and asset management opportunities and try to strengthen our relationship with the HSE as the leading provider of modern primary care infrastructure in the country.

With an improving rental growth outlook, a strong control on costs resulting in one of the lowest EPRA cost ratios in the sector and the vast majority of PHP's debt either fixed or hedged for a weighted average period of just under seven years, we look forward to 2024 with confidence.

We believe that our activities benefit not only our shareholders but also our wider stakeholders, including occupiers, patients, the NHS and HSE, suppliers, lenders, and the wider communities in both the UK and Ireland.

On a personal level, I would like to place on record how much I have enjoyed working with Harry and the Board, both past and present, over the last ten years. The Company has achieved so much during this time including the merger with MedicX, internalisation of the management structure and is now a key member of the FTSE 250 Index.

I wish the new Board and the Company every success for the future.

**Steven Owen**  
**Chairman**

27 February 2024

## BUSINESS REVIEW

### Investment and pipeline

In 2023 the Group selectively acquired just one asset in Ireland, our preferred area of investment due to higher net initial yields, larger lot sizes and cheaper cost of finance for euro denominated debt with acquisitions and developments only being progressed if accretive to earnings.

In December 2023, the Group completed the acquisition of Ireland's first dedicated Enhanced Community Care facility at Ballincollig, near Cork, Ireland, for a total consideration of £25.7 million (€29.6 million). The property is fully let to the HSE on a 25-year lease and benefits from five yearly, compounded annually, Irish CPI indexed rent reviews. The property is managed by Axis.

We continue to monitor a number of potential standing investments, direct and forward funded developments and asset management projects with an advanced pipeline of opportunities across a number of opportunities in both the UK and Ireland.

However, the immediate pipeline of opportunities in legal due diligence continues to be focused predominantly on PHP's existing portfolio through asset management projects.

Pipeline	In legal due diligence		Advanced pipeline	
	Number	Cost	Number	Cost
Ireland – forward funded development	-	-	2	£43.3m (c.€50m)
UK – direct development	1	£3.3m	2	£11.5m
UK – asset management	23	£19.3m	20	£16.3m
UK – investment	-	-	-	-
Total pipeline	24	£22.6m	24	£71.1m

### Developments

At 31 December 2023, the Group had limited development exposure with just one project on site at Croft Primary Care Centre, West Sussex which is due to achieve practical completion towards the end of Q3 2024 with £5.4 million of expenditure required to complete the project. The development is also being built to NZC standards.

The Group is currently progressing one future development scheme in London where we have managed to work with both the local council and ICB to make the scheme economically viable.

The Group has currently paused any new direct development activity whilst negotiations with the NHS, ICBs and District Valuers continue to increase rental levels to make schemes economically viable with rental values needing to increase by around 20%-30%.

We currently do not have any forward funded developments on site in Ireland although continue to progress a near-term pipeline with an estimated gross development value of approximately €50m.

PHP expects that all future direct developments will be constructed to NZC standards.

## **Asset management**

PHP's sector-leading metrics remain robust and we continue to focus on delivering the organic rental growth that can be derived from our existing assets. This growth arises mainly from rent reviews and asset management projects (extensions, refurbishments and lease regears) which provide an important opportunity to increase income, extend lease terms and avoid obsolescence whilst ensuring that our properties continue to meet the communities' healthcare needs and improve their ESG credentials.

2023 was another record year for organic rental growth from our existing portfolio with income increasing by £4.3 million (2022: £3.3 million) or 3.0% (2022: 2.4%) on a like-for-like basis. The progress continues the improving outlook seen over the last couple of years and it should be noted that most of the increase comes from rent reviews arising in the period 2019 to 2021, a period when rental growth was muted and not reflecting the higher levels of construction cost and general inflation experienced in recent years.

We have also seen the improving rental growth outlook reflected in the valuation of the portfolio with the independent valuers' assessment of estimated rental values ("ERV") increasing by 2.5% in 2023 (2022: 2.2%; 2021: 1.9%).

## **Rent review performance**

In the UK, the Group completed 313 (2022: 318) rent reviews with a combined rental value of £42.4 million (2022: £42.2 million), adding £3.6 million (2022: £2.8 million) and delivering an average uplift of 8.5% (2022: 6.7%) against the previous passing rent.

67% of our rents are reviewed on an open market basis which typically takes place every three years. The balance of the PHP portfolio has either indexed (27%) or fixed uplift (6%) based reviews which also provide an element of certainty to future rental growth within the portfolio. Approximately one-third of indexed linked reviews in the UK are subject to caps and collars which typically range from 6% to 12% over a three-year review cycle.

In Ireland, we concluded 18 (2022: 13) index-based reviews, adding a further £0.4 million/ €0.4 million (2022: £0.2 million/€0.2 million), an uplift of 15.2% (2022: 9.2%) against the previous passing rent. In Ireland, all reviews are linked to the Irish Consumer Price Index, upwards and downwards, with reviews typically every five years. Leases to the HSE and other government bodies, which comprise 78% of the income in Ireland, have increases and decreases capped and collared at 25% over a five-year review cycle.

The growth from reviews completed in the year, noted above, is summarised below:

Review type	Number	Previous rent (per annum) £ million	Rent increase (per annum) £ million	% increase total %	% increase annualised %
UK – open market <sup>1</sup>	184	24.2	1.3	5.4	1.8
UK – indexed	114	14.1	2.0	14.2	8.4
UK – fixed	15	4.1	0.3	7.3	2.7
UK – total	313	42.4	3.6	8.5	4.0
Ireland – indexed	18	2.6	0.4	15.2	3.3
Total – all reviews	331	45.0	4.0	8.9	4.0

<sup>1</sup> – includes 49 reviews where no uplift was achieved.

At 31 December 2023, 585 (2022: 656) open market rent reviews representing £84.9 million (2022: £90.2 million) of passing rent, were outstanding out of which 334 (2022: 286) have been triggered to date and are expected to add another £2.2 million (2022: £1.7 million) to the contracted rent roll when concluded and represents an uplift of 4.5% (2022: 4.1%) against the previous passing rent. The balance of the outstanding reviews will be actioned when there is further comparative evidence to support the estimated rental values.

The large number of outstanding reviews reflects the requirement for all awards to be agreed with the District Valuer. A great deal of evidence to support open market reviews comes from the completion of historical rent reviews, and the rents set on delivery of new properties into the sector. We continue to see positive momentum in the demand, commencement and delivery for new, purpose-built premises which are being supported by NHS initiatives to modernise the primary care estate albeit previously agreed rental values are having to be renegotiated to make a number of these viable in the current economic environment.

### Asset Management Projects

During 2023, we exchanged on five new asset management projects, eight lease regears and four new lettings. These initiatives will increase rental income by £0.3 million investing £5.2 million and extending the leases back to 15 years.

PHP continues to work closely with its occupiers and has a pipeline of 23 similar asset management projects which are currently in legal due diligence and are being progressed to further increase rental income and extend unexpired occupational lease terms. The immediate asset management pipeline will require the investment of approximately £19.3 million, generating an additional £0.8 million of rental income and extending the WAULT on those premises back to an average of 20 years. Additionally, we continue to progress an advanced pipeline of further asset management initiatives across 20 projects.

The Company will continue to invest capital in a range of physical extensions or refurbishments through asset management projects which help avoid obsolescence, including improving energy efficiency, and which are key to maintaining the longevity and security of our income through long term occupier retention, increased rental income and extended occupational lease terms, adding to both earnings and capital values.

## Robust portfolio metrics

The portfolio’s annualised contracted rent roll at 31 December 2023 was £150.8 million (2022: £145.3 million), an increase of £5.5 million or +3.8% (2022: £4.6 million or +3.3%) in the year driven predominantly by organic rent reviews and asset management projects of £4.3 million (2022: £3.3 million). Acquisitions added a further £1.6 million (2022: £1.1 million, net of disposals) partially offset by £0.4 million loss of income arising mainly from three lease surrenders, several lease expiries and foreign exchange movements on our portfolio in Ireland. The leases surrendered during the year are part of future asset management initiatives and we expect to complete the reletting of the space during 2024.

The security and longevity of our income are important drivers of our predictable cash-flows and underpin our progressive dividend policy.

**Security:** PHP continues to benefit from secure, long term cash flows with 89% (2022: 89%) of its rent roll funded directly or indirectly by the NHS in the UK or the HSE in Ireland. The portfolio also continues to benefit from an occupancy rate of 99.3% (2022: 99.7%).

**Rental collections:** These continue to remain robust and as at 26 February 2024 97% had been collected in both the UK and Ireland for the first quarter of 2024. This is in line with collection rates experienced in both 2023 and 2022 which now stand at over 99% for both countries. The balance of rent due for the first quarter of 2024 is expected to be received shortly.

**Longevity:** The portfolio’s WAULT at 31 December 2023 was 10.2 years (31 December 2022: 11.0 years). £17.1 million or 11.3% of our income is currently holding over or expires over the next three years, of which c. 70% is either subject to a planned asset management initiative or terms have been agreed to renew the lease. £64.3 million or 42.7% expires in over ten years. The table below sets out the current lease expiry profile of our income:

Income subject to expiry	£ million	%
Holding over	4.1	2.7
< 3 years	13.0	8.6
4 – 5 years	17.0	11.3
5 – 10 years	52.4	34.7
10 – 15 years	30.1	20.0
15 – 20 years	22.5	14.9
> 20 years	11.7	7.8
<b>Total</b>	<b>150.8</b>	<b>100.0</b>

As the 31 December 2023, 45 leases or £4.1 million of income (2022: 17 leases / £0.9 million) was holding over. All these leases are expected to renew but are subject to NHS approval which continues to suffer from delays as ICBs finalise their future estate strategies together with the requirement for new rents to be approved by the DV. We continue to maintain a close relationship with all parties concerned and receive NHS rent reimbursement in a timely manner. If all the currently agreed transactions completed, then the WAULT on the portfolio would increase to 10.6 years (31 December 2023: 10.2 years).

## Valuation and returns

At 31 December 2023, the Group's portfolio comprised 514 (31 December 2022: 513) assets independently valued at £2.779 billion (31 December 2022: £2.796 billion). After allowing for acquisition costs and capital expenditure on developments and asset management projects, the portfolio generated a valuation deficit of £53.0 million or -1.9% (2022: deficit of £61.5 million net of profit on sales).

The valuation deficit of £53.0 million in the year was driven primarily by a loss arising from yield expansion of approximately £128 million partially offset by gains of approximately £75 million arising from an improving rental growth outlook and asset management projects.

During the year the Group's portfolio NIY has expanded by 23 bps to 5.05% (31 December 2022: 4.82%) and the reversionary yield increased to 5.4% at 31 December 2023 (31 December 2022: 5.2%)

At 31 December 2023, the portfolio in Ireland comprised 21 standing and fully let properties with no developments currently on site, valued at £244.6 million or €282.2 million (31 December 2022: 20 assets/£230.9 million or €260.8 million). At 31 December 2023, the portfolio in Ireland has been valued at a NIY of 5.4% (31 December 2022: 5.2%).

Despite the fall in values during the year the portfolio's average lot size remained unchanged at £5.4 million (31 December 2022: £5.4 million) and 87.1% of the portfolio is valued at over £3.0 million. The Group only has five assets valued at less than £1.0 million.

	Number of properties	Valuation £ million	%	Average lot size (£ million)
> £10m	58	892.1	32.1	15.4
£5m – £10m	128	875.7	31.5	6.8
£3m – £5m	163	650.9	23.5	4.0
£1m – £3m	160	353.0	12.7	2.2
< £1m (including land £1.3m)	5	4.6	0.2	0.7
<b>Total<sup>1</sup></b>	<b>514</b>	<b>2,776.3</b>	<b>100.0</b>	<b>5.4</b>

<sup>1</sup> Excludes the £3.0 million impact of IFRS 16 *Leases* with ground rents recognised as finance leases.

The valuation deficit combined with the portfolio's growing income, resulted in a total property return of +3.5% for the year (2022: +2.8%). The total property return in the year compares with the MSCI UK Monthly Property Index of -0.5% for 2023 (2022: -10.4%).

	<b>Year ended 31 December 2023</b>	Year ended 31 December 2022
Income return	<b>5.3%</b>	5.0%
Capital return	<b>(1.8%)</b>	(2.2%)
<b>Total return</b>	<b>3.5%</b>	2.8%

## FINANCIAL REVIEW

PHP's adjusted earnings increased by £2.0 million or 2.3% to £90.7 million in 2023 (2022: £88.7 million). The increase in the year reflects the continued positive organic rental growth from rent reviews and asset management projects in both 2023 and 2022 together with the contribution from Axis, partially offset by increased interest costs on the Group's variable rate debt and additional administrative costs.

On 20 January 2023, the Group completed the acquisition of Axis which contributed £1.1 million net of overheads, trading in line with expectations during the year.

Using the weighted average number of shares in issue in the year the adjusted earnings per share increased to 6.8 pence (2022: 6.6 pence), an increase of 3.0% (2022: +6.5%).

The financial results for the Group are summarised as follows:

Summarised results	Year ended	Year ended
	31 December 2023	31 December 2022
	£ million	£ million
Net rental income	149.3	141.5
Axis contribution net of overheads	1.1	-
Administrative expenses	(11.6)	(9.6)
<b>Operating profit before revaluation and net financing costs</b>	<b>138.8</b>	<b>131.9</b>
Net financing costs	(48.1)	(43.2)
<b>Adjusted earnings</b>	<b>90.7</b>	<b>88.7</b>
Revaluation deficit on property portfolio and profit on sales	(53.0)	(61.5)
Fair value (loss)/gain on interest rate derivatives and convertible bond	(13.2)	26.8
Amortisation of MedicX debt MtM at acquisition	3.0	2.9
Axis amortisation of intangible asset	(0.9)	-
Axis acquisition and JSE listing costs	(0.5)	-
<b>IFRS profit before tax</b>	<b>26.1</b>	<b>56.9</b>
Corporation tax	(0.1)	0.2
Deferred tax provision	1.3	(0.8)
<b>IFRS profit after tax</b>	<b>27.3</b>	<b>56.3</b>

Adjusted earnings increased by £2.0 million or 2.3% (2022: £5.5 million / 6.6%) in 2023 to £90.7 million (2022: £88.7 million) and the movement in the year can be summarised as follows:

	Year ended	Year ended
	31 December 2023	31 December 2022
	£ million	£ million
Year ended 31 December	88.7	83.2
Net rental income	7.8	4.8
Axis contribution net of overheads	1.1	-
Administrative expenses	(2.0)	0.9
Net financing costs	(4.9)	(0.2)
<b>Year ended 31 December</b>	<b>90.7</b>	<b>88.7</b>

Net rental income received in 2023 increased by 5.5% or £7.8 million to £149.3 million (2022: £141.5 million) reflecting £4.6 million of additional income from completed rent reviews and asset management projects including the impact of rent reviews back dated to the original date of review, £2.5 million from the impact of acquisitions, disposals and developments completed in 2023 and 2022 and a £0.7 million reduction in non-recoverable property costs.

Notwithstanding the acquisition of Axis at the start of the year administration expenses continue to be tightly controlled and the Group's EPRA cost ratio remains one of the lowest in the sector at 10.7% (2022: 9.9%).

The £2.0 million increase in administration costs in the year is due mainly to a £1.1 million increase in the provision for performance-related pay and the cost of a voluntary redundancy programme completed in the year, together with the impact of a one-off benefit in 2022 arising from end of the historic performance incentive fee arrangements of £0.6 million.

EPRA cost ratio	Year ended 31 December 2023 £ million	Year ended 31 December 2022 £ million
<b>Gross rent less ground rent, service charge and other income</b>	<b>155.8</b>	147.0
Direct property expense	<b>18.2</b>	12.6
Less: service charge costs recovered	<b>(13.3)</b>	(7.0)
Non-recoverable property costs	<b>4.9</b>	5.6
Administrative expenses	<b>11.6</b>	9.6
Axis overheads and costs	<b>0.8</b>	-
Less: ground rent	<b>(0.2)</b>	(0.2)
Less: other operating income	<b>(0.5)</b>	(0.4)
<b>EPRA costs (including direct vacancy costs)</b>	<b>16.6</b>	14.6
<b>EPRA cost ratio</b>	<b>10.7%</b>	9.9%
<b>EPRA cost ratio excluding Axis overheads and direct vacancy costs</b>	<b>10.1%</b>	9.9%
<b>Total expense ratio</b> (administrative expenses as a percentage of gross asset value)	<b>0.4%</b>	0.3%

Net finance costs in the year increased by £4.9 million to £48.1 million (2022: £43.2 million) because of a £45.4 million increase in the Group's net debt during 2023, the impact of increased interest rates on the Group's unhedged debt and the loss of interest receivable on forward funded developments which completed in 2022, now income producing and accounted for as rent.

### Shareholder value and total accounting return

The Adjusted Net Tangible Assets ("NTA") per share declined by 4.6 pence or -4.1% to 108.0 pence (31 December 2022: 112.6 pence per share) during the year with the revaluation deficit of £53.0 million or -4.0 pence per share and cost of the Axis acquisition of £7.3 million (£8.2 million) or 0.5 pence per share being the main reason for the decrease.

The total adjusted NTA (NAV) return per share, including dividends distributed, in the year was 2.1 pence or 1.9% (2022: 2.4 pence or 2.1%).

The table below sets out the movements in the Adjusted NTA and EPRA Net Disposal Value ("NDV") per share over the year under review.

Adjusted NTA per share	31 December 2023 pence per share	31 December 2022 pence per share
<b>Opening Adjusted NTA per share</b>	<b>112.6</b>	116.7
Adjusted earnings for the year	<b>6.8</b>	6.6
Dividends paid	<b>(6.7)</b>	(6.5)
Revaluation of property portfolio and profit on sales	<b>(4.0)</b>	(4.6)
Axis acquisition cost	<b>(0.5)</b>	-
Shares issued	-	0.1
Foreign exchange and other movements	<b>(0.2)</b>	0.3
<b>Closing Adjusted NTA per share</b>	<b>108.0</b>	112.6

Fixed rate debt and derivative mark-to-market value	8.2	8.7
Convertible bond fair value adjustment	(0.4)	2.1
Deferred tax	0.1	(0.1)
Intangible assets	0.5	-
<b>Closing EPRA NDV per share</b>	<b>116.4</b>	<b>123.3</b>

## Financing

In December 2023, the Group added to its existing euro private placement loan notes by issuing a further €47.8 million (£41.4 million) secured on a portfolio of six Irish assets for a ten-year term at a fixed rate of 4.195%. The new loan notes further increase the headroom on the Group's undrawn loan facilities with the proceeds used to repay more expensive variable rate debt drawn on the Group's revolving credit facilities which are available to be redrawn in the future.

During the year the Group also exercised options to extend the maturities by one year to 2026 on a number of its shorter dated revolving credit facilities with Barclays (£100 million), NatWest (£100 million) and HSBC (£100 million).

As at 31 December 2023, total available loan facilities were £1,642.5 million (31 December 2022: £1,607.0 million) of which £1,309.9 million (31 December 2022: £1,290.4 million) had been drawn. Cash balances of £3.2 million (31 December 2022: £29.1 million) resulted in Group net debt of £1,306.7 million (31 December 2022: £1,261.3 million). Contracted capital commitments at the balance sheet date totalled £14.6 million (31 December 2022: £19.8 million) and resulted in headroom available to the Group of £321.2 million (31 December 2022: £325.9 million).

Capital commitments at the year-end comprise costs to complete development and asset management projects on site of £5.4 million and £7.1 million respectively together with the deferred consideration on the acquisition of Axis of £2.1 million (€2.5 million).

The Group's key debt metrics are summarised in the table below:

<b>Debt metrics</b>	<b>31 December 2023</b>	<b>31 December 2022</b>
Average cost of debt – drawn	<b>3.3%</b>	3.2%
Average cost of debt – fully drawn	<b>4.1%</b>	3.5%
Loan to value	<b>47.0%</b>	45.1%
Loan to value – excluding convertible bond	<b>41.6%</b>	39.7%
Total net debt fixed or hedged	<b>97.2%</b>	93.7%
Net rental income to net interest cover	<b>3.1 times</b>	3.3 times
Net debt / EBITDA	<b>9.4 times</b>	9.6 times
Weighted average debt maturity – drawn facilities	<b>6.6 years</b>	7.3 years
Weighted average debt maturity – all facilities	<b>5.7 years</b>	6.4 years
Total drawn secured debt	<b>£1,159.9m</b>	£1,140.4m
Total drawn unsecured debt	<b>£150.0m</b>	£150.0m
Total undrawn facilities and available to the Group <sup>1</sup>	<b>£321.2m</b>	£325.9m
Unfettered assets	<b>£37.0m</b>	£86.7m

<sup>1</sup>– After deducting capital commitments.

## Average cost of debt

The Group's average cost of debt has only increased by 10 bps to 3.3% (31 December 2022: 3.2%) notwithstanding the rapid increases in 3-month SONIA and Euribor interest rates experienced during 2023 reflecting the protection from the additional hedging and euro denominated debt issued in the year.

## Interest rate exposure

The analysis of the Group's exposure to interest rate risk in its debt portfolio as at 31 December 2023 is as follows:

	Facilities		Net debt drawn	
	£ million	%	£ million	%
Fixed rate debt	1,117.5	68.0	1,117.5	85.5
Hedged by fixed rate interest rate swaps	100.0	6.1	100.0	7.7
Hedged by fixed to floating rate interest rate swaps	(200.0)	(12.2)	(200.0)	(15.3)
Total fixed rate debt	1,017.5	61.9	1,017.5	77.9
Hedged by interest rate caps	252.0	15.4	252.0	19.3
Floating rate debt – unhedged	373.0	22.7	37.2	2.8
<b>Total</b>	<b>1,642.5</b>	<b>100.0</b>	<b>1,306.7</b>	<b>100.0</b>

## Interest rate swap contracts

In April 2023, the Group converted €60.0 million (£52.0 million) of sterling equivalent denominated debt into euros across its various revolving credit facilities to cover a small unhedged euro denominated balance sheet exposure which had arisen primarily because of historic valuation gains and retained earnings arising from our portfolio in Ireland. As part of the transaction the Group took advantage of cheaper euro denominated interest rates and purchased 2.0% caps on €60 million nominal value for a period of 2.5 years for an all-in premium of £1.9 million (€2.2 million). This transaction along with the euro private placement loan notes issued in December 2023 increased the proportion of net debt that is fixed or hedged to 97.2% (31 December 2022: 93.7%).

Accounting standards require PHP to mark its interest rate swaps to market at each balance sheet date. During the year there was a loss of £4.3 million (2022: gain of £2.7 million) on the fair value movement of the Group's interest rate derivatives due primarily to decreases in interest rates assumed in the forward yield curves used to value the interest rate swaps and the impact of the passage of time, offset by €60 million (£52.0 million) caps purchased in the year for £1.9 million (€2.2 million). The net mark-to-market ("MtM") of the swap portfolio is an asset value of £4.7 million (31 December 2022: net MtM asset £7.1 million).

## Currency exposure

The Group owns €282.2 million or £244.6 million (31 December 2022: €260.8 million / £230.9 million) of euro denominated assets in Ireland as at 31 December 2023 and the value of these assets and rental income represented 9% (31 December 2022: 8%) of the Group's total portfolio. In order to hedge the risk associated with exchange rates, the Group has chosen to fund its investment in Irish assets through the use of euro denominated debt, providing a natural asset to liability hedge, within the overall Group loan to value limits set by the Board. At 31 December 2023 the Group had €281.0million (31 December 2022: €196.0 million) of drawn euro denominated debt.

Euro rental receipts are used to first finance euro interest and administrative costs and surpluses are used to fund further portfolio expansion. Given the large Euro to Sterling fluctuations seen in recent years and

continued uncertainty in the interest rate market the Group entered a nil-cost FX collar hedge (between €1.1675 and €1.1022: £1) for a two-year period to cover the approximate euro denominated net annual income of €10 million per annum, minimising the downside risk of the euro gaining in value above €1.1675: £1.

### **Fixed rate debt mark-to-market (“MtM”)**

The MtM of the Group’s fixed rate debt as at 31 December 2023 was an asset of £106.2 million (31 December 2022: asset £141.3 million) equivalent to 7.9 pence per share (31 December 2022: asset of 10.6 pence). The movement in the year is due primarily to the significant increases in interest rates assumed in the forward yield curves used to value the debt at the year-end. The MtM valuation is sensitive to movements in interest rates assumed in forward yield curves.

### **Convertible bonds**

In July 2019, the Group issued for a six-year term, unsecured convertible bonds with a nominal value of £150 million and a fixed coupon of 2.875% per annum. Subject to certain conditions, the bonds are convertible into fully paid Ordinary Shares of the Company and the initial exchange price was set at 153.25 pence per Ordinary Share. The exchange price is subject to adjustment, in accordance with the dividend protection provisions in the terms of issue if dividends paid per share exceed 2.8 pence per annum. In accordance with those provisions the exchange price has been adjusted to 131.72 pence per Ordinary Share as at 31 December 2023.

The conversion of the £150 million convertible bonds into new Ordinary Shares would reduce the Group’s loan to value ratio by 5.4% from 47.0% to 41.6% and result in the issue of 113.9 million new Ordinary Shares.

## Risk management and principal risks

### Our risk management processes enable us to be flexible and responsive to the impact of risks on the business

#### Risk management overview

Effective risk management is a key element of the Board's operational processes. Risk is inherent in any business, and the Board has determined the Group's risk appetite, which is reviewed on an annual basis. Group operations have been structured in order to accept risks within the Group's overall risk appetite, and to oversee the management of these risks to minimise exposure and optimise the returns generated for the accepted risk. The Group aims to operate in a low risk environment, appropriate for its strategic objective of generating progressive returns for shareholders. Key elements of maintaining this low risk approach are:

- investment focuses on the primary healthcare real estate sector which is traditionally much less cyclical than other real estate sectors;
- the majority of the Group's rental income is received directly or indirectly from government bodies in the UK and Ireland;
- the Group benefits from long initial lease terms, largely with upwards-only review terms, providing clear visibility of income;
- the Group has a small (£1.4 million) exposure as a direct developer of real estate, which means that the Group is not exposed to risks that are inherent in property development;
- the Board funds its operations so as to maintain an appropriate mix of debt and equity; and
- debt funding is procured from a range of providers, maintaining a spread of maturities and a mix of terms so as to fix or hedge the majority of interest costs.

The structure of the Group's operations includes rigorous, regular review of risks and how these are mitigated and managed across all areas of the Group's activities. The Group faces a variety of risks that have the potential to impact on its performance, position and longer term viability. These include external factors that may arise from the markets in which the Group operates, government and fiscal policy, general economic conditions and internal risks that arise from how the Group is managed and chooses to structure its operations.

#### Approach to risk management

Risk is considered at every level of the Group's operations and is reflected in the controls and processes that have been put in place across the Group. The Group's risk management process is underpinned by strong working relationships between the Board and the Management team which enables the prompt assessment and response to risk issues that may be identified at any level of the Group's business.

The Board is responsible for effective risk management across the Group and retains ownership of the significant risks that are faced by the Group. This includes ultimate responsibility for determining and reviewing the nature and extent of the principal risks faced by the Group and assessing the Group's risk management processes and controls. These systems and controls are designed to identify, manage and mitigate risks that the Group faces but will not eliminate such risks and can provide reasonable but not absolute assurance.

The Management team assists the Board in its assessment and monitoring of operational and financial risks and PHP has in place robust systems and procedures to ensure risk management is embedded in its approach to managing the Group's portfolio and operations. PHP has established a Risk Committee that comprises the Chair of the Audit Committee and members of its senior management team and chaired by the Chief Financial Officer, who is experienced in the operation and oversight of risk management processes, along with independent standing invitees attending throughout the year.

The Board has delegated to the Audit Committee the process of reviewing the Group's systems of risk management and their effectiveness. These systems and processes have been in place for the year under review and remained in place up to the date of approval of the Annual Report and Accounts.

PHP has implemented a wide-ranging system of internal controls and operational procedures that are designed to manage risk as effectively as possible, but it is recognised that risk cannot be totally eliminated. Staff employed by PHP are intrinsically involved in the identification and management of risk. Strategic risks are recorded in a risk register and are assessed and rated within a defined scoring system.

The Risk Committee reports its processes of risk management and rating of identified and emerging risks to the Audit Committee. The risk register is reviewed and updated every six months by the Director: Commercial Finance and Financial Reporting assisted by members of the Risk Committee, and assesses inherent and emerging risks the business faces, as well as the residual risk after specific safeguards, mitigation and/or management actions have been overlaid.

The risk register forms an appendix to the report which details risks that have (i) an initial high inherent risk rating, and (ii) higher residual risk ratings. The Board retains ultimate responsibility for determining and reviewing the effectiveness of risk management but has delegated the process to the Audit Committee which is assisted by the Risk Committee. The Audit Committee agrees which risks are managed by management in fulfilling its duties which is reviewed by the Risk Committee.

The Board recognises that it has limited ability to control a number of the external risks that the Group faces, such as the macroeconomic environment and government policy, but keeps the possible impact of such risks under review and considers them as part of its decision-making process.

## Our risk management structure

Structure	Responsibility
<b>Board</b>	Sets strategic objectives and considers risk as part of this process. Determines appropriate risk appetite levels.
<b>Audit Committee</b>	Reports to the Board on the effectiveness of risk management processes and controls: <ul style="list-style-type: none"> <li>• External audit</li> <li>• Risk surveys</li> <li>• Health and safety</li> <li>• Insurance</li> <li>• Need for an internal audit function</li> </ul>
<b>Risk Committee</b>	Reports to and assists the Audit Committee, monitoring and reviewing: <ul style="list-style-type: none"> <li>• Attitude to and appetite for risk and future risk strategy</li> <li>• Company's systems of internal controls and risk management</li> <li>• How risk is reported internally and externally</li> <li>• Processes for compliance with law, regulators and ethical codes of practice</li> <li>• Prevention of fraud</li> </ul>
<b>Senior management</b>	Implements and monitors risk mitigation processes: <ul style="list-style-type: none"> <li>• Policies and procedures</li> <li>• Risk management and compliance</li> <li>• Key performance indicators</li> <li>• Specialist third-party reviews</li> </ul>

### Monitoring of identified and emerging risks

In completing this assessment the Board continues to monitor recently identified and emerging risks and their potential impact on the Group. The manner in which we have addressed the challenges of the last few years has demonstrated the resilience of our business model, and our robust risk management approach, to protect our business through periods of uncertainty and adapt to a rapidly changing environment.

Since the release of our 2022 full-year results, global economic uncertainty has remained volatile and uncertain. Within the UK, the main challenges facing the economy have been high inflation and the rapid rise in interest rates that are still widely expected to remain at elevated levels for longer than originally anticipated. The continued wars in Ukraine and the Middle East have also impacted, what was already sensitive, political and macroeconomic environments.

The potential adverse impact of these factors on our business includes reduced demand for our assets impacting property values in the investment market, increased financing costs and our ability to continue to execute our acquisition and development strategy which could impact our rental income and earnings. The Board and key Committees have overseen the Group's response to the impact of these challenges on our business and the wider economic influences throughout the year.

The Board has considered the principal risks and uncertainties as set out in this Annual Report, in light of the challenging macroeconomic environment, and do not consider that the fundamental principal risks and uncertainties facing the Group have changed. However, our current assessment is that the interest rate and property market principal risks have increased. Whilst there is still much uncertainty around the future trajectory of the economy over the coming years, we have set out in our principal risk tables on the following pages, an update on the changes to our principal risks and expected impact on our business of the macroeconomic uncertainty, and the mitigating actions and controls we have in place. The Group's continued ability to be flexible to adjust and respond to these external risks as they evolve will be fundamental to the future performance of our business.

The Board also considered, at its annual strategy day, emerging risks affecting the current primary care delivery model, in particular, the impact of digital technologies.

The Board dealt with the risk of RAAC (Reinforced Autoclaved Aerated Concrete) during the year, reviewing the portfolio, and where necessary surveyed, for its presence. None was identified but we continue to monitor the situation.

The Board continues to consider the impact of Brexit and COVID-19 on the business and again concluded, that these did not constitute a significant risk to the business.

### **Mapping our key risks and residual risk movement**

We use a risk-scoring matrix to ensure we take a consistent approach when assessing their overall impact. Overall, there has been an increase in the likelihood and potential impact of a number of the principal risks over the year, which has been reached considering wider economic uncertainty and other external factors, balanced against PHP's robust business model. The residual risk exposures of the Company's principal risks are shown in the heat map to the left, being the risk after mitigating actions have been taken to reduce the initial inherent risks.

#### **Grow property portfolio**

1. Property pricing and competition
2. Financing

#### **Manage effectively and efficiently**

3. Lease expiry management
4. People
5. Responsible business

#### **Diversified, long term funding**

6. Debt financing
7. Interest rates

#### **Deliver progressive returns**

8. Potential over-reliance on the NHS and HSE
9. Foreign exchange risk

→ Indicates risk movement from last year

#### **Principal risks and uncertainties**

The Board has undertaken a robust assessment of the emerging and principal risks faced by the Group that may threaten its business model, future performance, solvency or liquidity and its ability to meet the overall objective of the Group of delivering progressive returns to shareholders through a combination of earnings growth and capital appreciation. As a result of this assessment there have been no changes to the number of principal risks faced by the business in the year, which are all still deemed appropriate; however, as a result of the current macroeconomic uncertainty, we have amended risk ratings accordingly. These are set out below, presented within the strategic objective that they impact:

<b>Grow property portfolio</b>		
<p><b>1. Property pricing and competition</b>            ↑ A C D KPIs impacted</p> <p>The primary care property market continues to be attractive to investors attracted by the secure, government backed income, low void rates and long lease.</p> <p>The emergence of new purchasers in the sector and the recent slowing in the level of approvals of new centres in the UK may restrict the ability of the Group to secure new investments.</p>	<p><b>Commentary on risk in the year</b></p> <p>In terms of values, the Group has previously benefited from a flight to income as a consequence of the wider economic uncertainty seen in previous years, with demand increasing from investors seeking its long term, secure, government backed cash flows against a backdrop of limited supply.</p> <p>A revaluation deficit of £53 million was generated in the year, driven by NIY widening of 23 bps in the year.</p>	<p><b>Mitigation</b></p> <p>The reputation and track record of the Group in the sector mean it is able to source forward funded developments and existing standing investments from developers, investors and owner-occupiers.</p> <p>As a result, the Group has several formal pipeline agreements and long-standing development relationships that provide an increased opportunity to secure developments that come to market in the UK and Ireland.</p>
<p><b>Inherent risk rating</b>            2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>High</b></p> <p>Likelihood is high and impact of occurrence could be major.</p>	<p>Increased interest rates, including volatility, in particular, for gilts and bonds, have had a negative impact on the property yields in the sector, despite gilt rates stabilising in Q4. This reduces investor sentiment, competition and attractiveness of PHP's assets and consequently impacted valuations.</p>	<p>Despite the unprecedented market conditions faced, the Group continues to have a strong, identified pipeline of investment opportunities in the UK and Ireland.</p>
<p><b>Residual risk rating</b>            2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>Medium</b></p> <p>The Group's position within the sector and commitment to and understanding of the asset class mean PHP is aware of a high proportion of transactions in the market and potential opportunities coming to market.</p> <p>Active management of the property portfolio generates regular opportunities to increase income and lease terms and enhance value.</p>		
<p><b>2. Financing</b>            ↔ G H KPIs impacted</p> <p>The Group uses a mix of shareholder equity and external debt to fund its operations. A restriction on the availability of funds would limit the Group's ability to fund investment and development opportunities and implement strategy.</p> <p>Furthermore, a more general lack of equity or debt available to the sector could reduce demand for healthcare assets and therefore impact values.</p>	<p><b>Commentary on risk in the year</b></p> <p>The Company successfully completed one debt financing during the year, tapping the existing euro private placement loan notes by issuing a further €47.8 million.</p> <p>The credit margin agreed on this new facility remains in line with previous euro denominated facilities, reiterating the confidence in PHP's business model shown by lenders.</p> <p>The Group's undrawn facilities mean it currently has headroom of £321 million.</p> <p>All covenants have been met with regard to the Group's debt facilities and these all remain available for their contracted term.</p>	<p><b>Mitigation</b></p> <p>Existing and new debt providers are keen to provide funds to the sector and specifically to the Group, attracted by the strength of its cash flows.</p> <p>The Board monitors its capital structure and maintains regular contact with existing and potential equity investors and debt funders. Management also closely monitors debt markets to formulate its most appropriate funding structure.</p> <p>The euro private placement was executed for a ten-year term, further increasing PHP's average debt maturity of drawn facilities to 6.6 years.</p>
<p><b>Inherent risk rating</b>            2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>High</b></p> <p>Likelihood is high and impact of occurrence could be major.</p>		

<p><b>Residual risk rating</b> 2 4 6 8 10 12 14 16 18 20</p> <p>↑</p> <p><b>Medium</b></p> <p>The Group takes positive action to ensure continued availability of resource, maintains a prudent ratio of debt and equity funding and refinances debt facilities in advance of their maturity.</p>		
<p><b>Manage effectively and efficiently</b></p>		
<p><b>3. Lease expiry management</b> ←→ E F KPIs impacted</p> <p>The bespoke nature of the Group's assets can lead to limited alternative use. Their continued use as fit-for-purpose medical centres is key to delivering the Group's strategic objectives.</p>	<p><b>Commentary on risk in the year</b> Lease terms for all property assets will erode and the importance of active management to extend the use of a building remains unchanged.</p>	<p><b>Mitigation</b> The asset and property management teams meet with occupiers on a regular basis to discuss the specific property and the tenant's aspirations and needs for its future occupation.</p> <p>Eight asset management projects physically completed in the year, with a further six projects onsite, enhancing income and extending occupational lease terms.</p> <p>In addition, there is a strong pipeline of over 43 projects that will be progressed in 2024 and the coming years.</p> <p>Only 11.3% of the Group's income is currently holding over or expires over the next three years, of which c.70% is either subject to a planned asset management initiative or terms have been agreed to renew the lease.</p>
<p><b>Inherent risk rating</b> 2 4 6 8 10 12 14 16 18 20</p> <p>↑</p> <p><b>Medium</b></p> <p>Likelihood of limited alternative use value is moderate but the impact of such values could be serious.</p>		
<p><b>Residual risk rating</b> 2 4 6 8 10 12 14 16 18 20</p> <p>↑</p> <p><b>Medium</b></p> <p>Management employs an active asset and property management programme and has a successful track record of securing enhancement projects and securing new long term leases.</p>		
<p><b>4. People</b> ←→ F KPI impacted</p> <p>The inability to attract, retain and develop our people to ensure we have the appropriate skill base in place in order for us to implement our strategy.</p>	<p><b>Commentary on risk in the year</b> The cost-of-living crisis has remained during the year and expected to continue into 2024 as interest rates remain higher for longer, continuing the risk of losing a highly skilled and specialist staff.</p>	<p><b>Mitigation</b> Succession planning is in place for all key positions and will be reviewed regularly by the Nomination Committee.</p> <p>Remuneration incentives are in place such as bonuses and an LTIP for Executive Directors and senior management to incentivise and motivate the team and are renewed annually and benchmarked to the market.</p> <p>Notice periods are in place for key employees.</p>
<p><b>Inherent risk rating</b> 2 4 6 8 10 12 14 16 18 20</p> <p>↑</p> <p><b>Medium</b></p> <p>Likelihood and potential impact could be medium.</p>		

<p><b>Residual risk rating</b> 2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>Medium</b></p> <p>The Remuneration Committee has benchmarked remuneration with the help of remuneration consultants, and reviewed and updated policies to ensure retention and motivation of the Management team.</p>		
<p><b>5. Responsible business</b> ←→ D E H KPIs impacted</p> <p>Risk of non-compliance with Responsible Business practices, including climate mitigation and ethical business consideration, not meeting stakeholders' expectations, leading to possible reduced access to debt and capital markets, weakened stakeholder relationships and reputational damage.</p>	<p><b>Commentary on risk in the year</b> Properties no longer meet occupiers' expected environmental requirements.</p> <p>Stakeholders including investors and debt providers see ESG as a key issue and want to see a sufficiently developed plan to decarbonise the property portfolio and to operate to the highest standards of business ethics and due diligence.</p> <p>There is a risk that we may not meet the hurdles sought by stakeholders including equity and debt investors should PHP not focus enough on ESG matters, potentially impacting the funding of the business significantly.</p> <p>Additionally, political and regulatory changes to corporate governance and disclosure, energy efficiency and net zero carbon requirements are expected to be mandated in the short to medium term. The introduction of Corporate Sustainability Reporting Directive (CSRD) and International Sustainability Standards Board (ISSB) in the year is a key example of increasing requirements, although PHP is not legally required to comply at present.</p>	<p><b>Mitigation</b> PHP's ESG credentials remain at the forefront of its strategic planning and it has established an ESG Committee to review and drive the Group's ESG agenda forward. During the year PHP has:</p> <ul style="list-style-type: none"> <li>worked with Achilles to provide limited third party assurance of our disclosures and achieved certification to Toitu Carbon Reduce and ISO 14064;</li> <li>provided staff training covering individual personal development and ESG;</li> <li>commissioned third party audits for development and refurbishment projects to guard against the risks of modern slavery and unethical supply chain standards;</li> <li>engaged with external experts to assess and inform our net zero carbon approach for developments and refurbishments;</li> <li>set, monitored and reported sustainability targets and hurdles to ensure acquired assets or asset management schemes meet specific ESG criteria, with these same criteria aligned to investors and debt providers;</li> <li>implemented Community Impact Fund to support social prescribing activities at the Group's properties;</li> <li>achieved EPC rating benchmarks to ensure compliance with the Minimum Energy Efficiency Standard ("MEES") that could otherwise impact the quality and desirability of our assets leading to higher voids, lost income and reduced liquidity; and</li> <li>worked with our occupiers to improve the resilience of our assets to climate change as well as with contractors which are required to conform to our sustainable development and refurbishment requirements.</li> </ul>
<p><b>Inherent risk rating</b> 2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>High</b></p> <p>Likelihood is high and impact of occurrence could be major.</p>		
<p><b>Residual risk rating</b> 2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>Medium</b></p> <p>The Group is committed to meeting its obligations in line with its Responsible Business Framework and feels it has introduced sufficient mitigants to continue to deliver its objectives.</p>		
<p><b>Diversified, long term funding</b></p>		

<p><b>6. Debt financing</b> ↔ G H KPIs impacted</p> <p>Without appropriate confirmed debt facilities, PHP may be unable to meet current and future commitments or repay or refinance debt facilities as they become due.</p> <p><b>Inherent risk rating</b> 2 4 6 8 10 12 14 16 18 20 ↑</p> <p><b>Medium</b> The likelihood of insufficient facilities is moderate but the impact of such an event would be serious.</p>	<p><b>Commentary on risk in the year</b> Negotiations with lenders have confirmed that the Group enjoys the confidence of the lending markets both in terms of the traditional high street lenders and the bond markets.</p> <p>The Company successfully completed one debt financing during the year, tapping its existing euro private placement loan notes by issuing a further €47.8 million.</p>	<p><b>Mitigation</b> Existing lenders remain keen to finance PHP and new entrants to debt capital markets have increased available resource. Credit margins agreed on the new facility and RCF plus one extensions in the year, remained in line with what has been achieved in previous years, reiterating the confidence in PHP's business model shown by the lending banks.</p> <p>Management regularly monitors the composition of the Group's debt portfolio to ensure compliance with covenants and continued availability of funds.</p> <p>Management regularly reports to the Board on current debt positions and provides projections of future covenant compliance to ensure early warning of any possible issues.</p>
<p><b>Residual risk rating</b> 2 4 6 8 10 12 14 16 18 20 ↑</p> <p><b>Medium</b> The Board regularly monitors the facilities available to the Group and looks to refinance in advance of any maturity. The Group is subject to the changing conditions of debt capital markets.</p>		
<p><b>7. Interest rates</b> ↑ A B F G H KPIs impacted</p> <p>Adverse movement in underlying interest rates could adversely affect the Group's earnings and cash flows and could impact property valuations.</p> <p><b>Inherent risk rating</b> 2 4 6 8 10 12 14 16 18 20 ↑</p> <p><b>High</b> The likelihood of volatility in interest rate markets is high and the potential impact if not managed adequately could be major.</p> <p><b>Residual risk rating</b> 2 4 6 8 10 12 14 16 18 20 ↑</p> <p><b>Medium</b> The Group is currently well protected against the risk of interest rate rises but, due to its continued investment in new properties and the need to maintain available facilities, is increasingly exposed to rising interest rate levels.</p> <p>Property values are still subject to market conditions which will continue to be impacted by the interest rate environment.</p>		

<b>Deliver progressive returns</b>		
<p><b>8. Potential over-reliance on the NHS and HSE</b>            ↔ D C KPIs impacted</p> <p>PHP invests in a niche asset sector where changes in healthcare policy, the funding of primary care, economic conditions and the availability of finance may adversely affect the Group's portfolio valuation and performance.</p>	<p><b>Commentary on risk in the year</b>            The UK and Irish Governments continue to be committed to the development of primary care services and initiatives to develop new models of care increasingly focusing on greater utilisation of primary care.</p>	<p><b>Mitigation</b>            The commitment to primary care is a stated objective of both the UK and Irish Governments and on a cross-party basis. Never has the modernisation of the primary care estate been more important in order to reduce the huge backlog of treatments, and to avoid patients being directed to understaffed and over-burdened hospitals.</p>
<p><b>Inherent risk rating</b>            2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>Medium</b>            Likelihood is low but impact of occurrence may be major.</p>	<p>Despite the UK's economic outlook and the continued backlog of treatments created by the COVID-19 pandemic, staff shortages and recruitment issues that the NHS faces, we expect the demand for health services to continue to grow, driven by demographics. Despite future government funding levels in the UK and Ireland likely being impacted by economic performance and political elections, primary care remains a critical infrastructure with no indications it is an area being considered for cuts.</p>	<p>Management engages directly with government and healthcare providers in both the UK and Ireland to promote the need for continued investment in modern premises.</p>
<p><b>Residual risk rating</b>            2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>Medium</b>            Policy risk and general economic conditions are out of the control of the Board, but proactive measures are taken to monitor developments and to consider their possible implications for the Group.</p>	<p>A fundamental change in government policy could impact how the private sector regards its investment in this asset class and its willingness to further deploy private sector resources to improve the quality of primary care facilities. The NHS, HSE and District Valuer need to acknowledge that higher build costs and inflation will need to be reflected in future rent settlements for new schemes to be economically viable.</p>	<p>This continued investment provides attractive long term, secure income streams that characterises the sector, leading to stability of values.</p> <p>PHP continues to appraise and invest in other adjacent, government funded healthcare related real estate assets.</p>
<p><b>9. Foreign exchange risk</b>            ↔ A B C D KPIs impacted</p> <p>Income and expenditure that will be derived from PHP's investments in Ireland will be denominated in Euros and may be affected unfavourably by fluctuations in currency rates, impacting the Group's earnings and portfolio valuation.</p>	<p><b>Commentary on risk in the year</b>            The Group now has 21 investments in Ireland. Asset values, funding and net income are denominated in Euros.</p> <p>The wider macroeconomic and political environment across the world continues to cause exchange rate volatility.</p>	<p><b>Mitigation</b>            The Board has funded and will continue to fund its investments in Ireland with Euros to create a natural hedge between asset values and liabilities in Ireland.</p>
<p><b>Inherent risk rating</b>            2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>Medium</b>            Likelihood of volatility is high but the potential impact at present is low due to the quantum of investment in Ireland, albeit this is increasing.</p>		<p>To hedge out the Euro denominated income exposure PHP has a zero cost Euro foreign exchange cap and collar to rates between a range of €1.1675: £1 and €1.1022: £1, to cover net annual income of €10 million per annum, which expires in July 2024.</p>
<p><b>Residual risk rating</b>            2 4 6 8 10 12 14 16 18 20</p> <p style="text-align: center;">↑</p> <p><b>Low</b>            PHP has implemented a natural hedging strategy to cover balance sheet exposure and has hedged out the income exposure for the period until July 2024.</p>		<p>Management closely monitors the Euro to GBP currency rates with its banks to formulate a formal hedging strategy against Irish net cash flow.</p>

## Viability statement

In accordance with the 2018 UK Corporate Governance Code, the Board has assessed the prospects of the Group over the longer term, taking account of the Group’s current position, business strategy, principal risks and outlook.

The Board believes the Company has strong long term prospects, being well positioned to address the need for better primary care health centres in the UK and Ireland.

The Directors confirm that, as part of their strategic planning and risk management processes, they have undertaken an assessment of the viability of the Group, considering the current position and the potential impact of the principal risks and prospects over a three-year time horizon. Based on this assessment, the Directors have a reasonable expectation that the Group will be able to continue in operation and meet its liabilities as they fall due over the period to 31 December 2026. Although individually the Group’s assets may have relatively long unexpired lease terms and will all have a defined asset management strategy, the Board has undertaken its detailed financial review over a three-year period because:

- the Group’s financial review and budgetary processes cover a three-year look forward period; and
- occupational leases within the Group’s property portfolio typically have a three-yearly rent review pattern and so modelling over this period allows the Group’s financial projections to include a full cycle of reversion, arising from open market, fixed and index-linked rent reviews.

The Group’s financial review and budgetary processes are based on an integrated model that projects performance, cash flows, position and other key performance indicators including earnings per share, leverage rates, net asset values per share and REIT compliance over the review period. In addition, the forecast model looks at the funding of the Group’s activities and its compliance with the financial covenant requirements of its debt facilities. The model uses a number of key parameters in generating its forecasts that reflect the Group’s strategy and operating processes and the Board’s expectation of market developments in the review period. In undertaking its financial review, these parameters have been flexed to reflect severe, but realistic, scenarios both individually and collectively. Sensitivities applied are derived from the principal risks faced by the Group that could affect solvency or liquidity.

The sensitivities applied are generally the same as used for the 31 December 2022 year end audit which included a 10% decline in valuations, and 15% tenant default rate. We believe these remain realistic reasonable worst-case scenarios, having seen an absolute valuation decline of 1.9% in 2023.

Across our various loan facilities, valuations will need to fall by a further £1.1 billion or 39% before the loan to value covenants are impacted. Acknowledging the further 175bps increase in the Bank of England base rate during 2023, in light of governmental targets to reduce inflation being met in the year, many economists and market consensus is that rates have potentially peaked at 5.25%. We therefore feel the increase in variable interest rates should remain a sensitivity but have reduced the sensitivity from 2% to 1%.

The sensitivities applied are as follows:

- declining attractiveness of the Group’s assets or extenuating economic circumstances impact investment values – valuation parameter stress tested to provide for a one-off 10%/£279 million fall in June 2024;
- 15% tenant default rate;
- rental growth assumptions amended to see nil uplifts on open market reviews;
- variable rate interest rates rise by an immediate 1% effective from 1 January 2024; and
- tightly controlled NHS scheme approval restricts investment opportunity – investment quantum flexed to remove non-committed transactions.

We have assessed the impact of these assumptions on the Group’s key financial metrics over the assessment period including covenant compliance, profitability, net debt, loan to value ratios and available financial headroom which are as follows:

Key metrics at 31 December 2026	31 December 2023	Viability scenario
Loan to value ratio	<b>47.0%</b>	54.2%
Net debt	<b>£1,307m</b>	£1,408m
Interest cover ratio	<b>3.08x</b>	2.59x
Adjusted net assets	<b>£1,443m</b>	£1,164m
Available financial headroom	<b>£321m</b>	£228m

All covenants have been monitored throughout the viability period that has been assessed and any breaches were minor and could be remedied with cash or property collateral.

In making its assessment, the Board has made a number of specific assumptions that overlay the financial parameters used in the Group’s models. The Board has assumed in addition to the specific impact of new debt facilities, the Group will be able to refinance or replace other debt facilities that mature within the review period in advance of their maturity and on terms similar to those at present. See Note 14 to the financial statements for a profile of the Group’s debt maturity.

Harry Hyman  
Chief Executive Officer  
27 February 2024

## Directors' responsibility statement

### Statement of Directors' responsibilities in respect of the Group and Company financial statements

The Directors are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and regulations.

Company law requires the Directors to prepare financial statements for each financial year. Under that law the Directors are required to prepare the Group financial statements in accordance with International Accounting Standards in conformity with the requirements of the Companies Act 2006 and UK-adopted International Accounting Standards ("IFRS"). The Directors have also elected to prepare the Parent Company financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law), including FRS 101 Reduced disclosure framework. Under company law the Directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the Company and of the profit or loss of the Company for that period.

In preparing the Parent Company financial statements, the Directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Company will continue in business.

In preparing the Group financial statements, International Accounting Standard 1 requires that the Directors:

- properly select and apply accounting policies;
- present information, including accounting policies, in a manner that provides relevant, reliable, comparable and understandable information;
- provide additional disclosures when compliance with the specific requirements in IFRSs is insufficient to enable users to understand the impact of particular transactions, other events and conditions on the entity's financial position and financial performance; and
- make an assessment of the Company's ability to continue as a going concern.

The Directors are responsible for keeping adequate accounting records that are sufficient to show and explain the Company's transactions and disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Directors are responsible for the maintenance and integrity of the corporate and financial information included on the Company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

### Responsibility statement

We confirm that to the best of our knowledge:

- the financial statements, prepared in accordance with the relevant financial reporting framework, give a true and fair view of the assets, liabilities, financial position and profit of the Company and the undertakings included in the consolidation taken as a whole;
- the Strategic Report includes a fair review of the development and performance of the business and the position of the Company and the undertakings included in the consolidation taken as a whole, together with a description of the principal risks and uncertainties that they face; and
- the Annual Report and Financial Statements, taken as a whole, is fair, balanced and understandable and provides the information necessary for shareholders to assess the Company's position, performance, business model and strategy.

This responsibility statement was approved by the Board of Directors on 27 February 2024 and is signed on its behalf by:

**Steven Owen**

*Chair*

*27 February 2024*

## Group statement of comprehensive income for the year ended 31 December 2023

	Notes	2023 £m	2022 £m
Rental and related income		<b>169.8</b>	154.1
Direct property expenses		<b>(18.8)</b>	(12.6)
<b>Net rental and related income</b>	3	<b>151.0</b>	141.5
Administrative expenses		<b>(12.3)</b>	(9.6)
Amortisation of intangible assets		<b>(0.9)</b>	—
Axis acquisition costs and JSE listing fees		<b>(0.5)</b>	—
Total administrative expenses	4	<b>(13.7)</b>	(9.6)
Revaluation deficit on property portfolio	10	<b>(53.0)</b>	(64.4)
Profit on sale of land and property	10	—	2.9
Total revaluation deficit		<b>(53.0)</b>	(61.5)
<b>Operating profit</b>	4	<b>84.3</b>	70.4
Finance income	5	<b>0.2</b>	0.9
Finance costs	6a	<b>(45.2)</b>	(41.2)
Fair value loss on derivative interest rate swaps and amortisation of hedging reserve	6b	<b>(8.4)</b>	(1.9)
Fair value (loss)/gain on convertible bond	6c	<b>(4.8)</b>	28.7
<b>Profit before taxation</b>		<b>26.1</b>	56.9
Taxation credit/(charge)	7	<b>1.2</b>	(0.6)
<b>Profit after taxation<sup>1</sup></b>		<b>27.3</b>	56.3
<b>Other comprehensive income:</b>			
<b>Items that may be reclassified subsequently to profit and loss</b>			
Amortisation of hedging reserve	21	<b>4.1</b>	4.5
Exchange (loss)/gain on translation of foreign balances		<b>(0.3)</b>	3.2
<b>Other comprehensive income net of tax<sup>1</sup></b>		<b>3.8</b>	7.7
<b>Total comprehensive income net of tax<sup>1</sup></b>		<b>31.1</b>	64.0
<b>IFRS earnings per share</b>			
Basic	8	<b>2.0p</b>	4.2p
Diluted	8	<b>2.0p</b>	2.2p
<b>Adjusted earnings per share<sup>2</sup></b>			
Basic	8	<b>6.8p</b>	6.6p
Diluted	8	<b>6.6p</b>	6.4p

1 Wholly attributable to equity shareholders of Primary Health Properties PLC.

2 See Glossary of Terms.

The above relates wholly to continuing operations.

## Group balance sheet

at 31 December 2023

	Notes	2023 £m	2022 £m
<b>Non-current assets</b>			
Investment properties	10	<b>2,779.3</b>	2,796.3
Derivative interest rate swaps	16	<b>0.9</b>	19.6
Intangible assets		<b>6.2</b>	—
Property, plant and equipment		<b>0.5</b>	0.4
		<b>2,786.9</b>	2,816.3
<b>Current assets</b>			
Trade and other receivables	11	<b>24.9</b>	17.8
Cash and cash equivalents	12	<b>3.2</b>	29.1
Derivative interest rate swaps	16	<b>10.5</b>	—
Developments work in progress		<b>1.4</b>	1.3
		<b>40.0</b>	48.2
<b>Total assets</b>		<b>2,826.9</b>	2,864.5
<b>Current liabilities</b>			
Deferred rental income		<b>(30.4)</b>	(29.2)
Trade and other payables	13	<b>(31.7)</b>	(32.6)
Borrowings: term loans and overdraft	14a	<b>(2.4)</b>	(2.3)
Derivative interest rate swaps	16	<b>(6.7)</b>	—
		<b>(71.2)</b>	(64.1)
<b>Non-current liabilities</b>			
Borrowings: term loans and overdraft	14a	<b>(664.5)</b>	(682.5)
Borrowings: bonds	14b	<b>(656.4)</b>	(614.6)
Derivative interest rate swaps	16	—	(12.5)
Head lease liabilities	15	<b>(3.0)</b>	(3.2)
Trade and other payables	13	<b>(4.1)</b>	—
Deferred tax liability		<b>(3.8)</b>	(5.4)
		<b>(1,331.8)</b>	(1,318.2)
<b>Total liabilities</b>		<b>(1,403.0)</b>	(1,382.3)
<b>Net assets</b>		<b>1,423.9</b>	1,482.2
<b>Equity</b>			
Share capital	18	<b>167.1</b>	167.1
Share premium account	19	<b>479.4</b>	479.4
Merger and other reserves	20	<b>415.3</b>	416.7
Hedging reserve	21	<b>(7.0)</b>	(11.1)
Retained earnings	22	<b>369.1</b>	430.1
<b>Total equity<sup>1</sup></b>		<b>1,423.9</b>	1,482.2
<b>Net asset value per share</b>			
IFRS net assets – basic and diluted	8	<b>106.5p</b>	110.9p
Adjusted net tangible assets <sup>2</sup> – basic	8	<b>108.0p</b>	112.6p
Adjusted net tangible assets <sup>2</sup> – diluted	8	<b>109.8p</b>	114.5p

1 Wholly attributable to equity shareholders of Primary Health Properties PLC.

2 See Glossary of Terms.

These financial statements were approved by the Board of Directors on 27 February 2024 and signed on its behalf by:

**Richard Howell**

*Chief Financial Officer*

Registered in England Number: 3033634

## Group cash flow statement

for the year ended 31 December 2023

	Notes	2023 £m	2022 £m
<b>Operating activities</b>			
Profit on ordinary activities after tax		27.3	56.3
Adjustments to reconcile to operating profit before financing costs:			
Taxation (credit)/charge	7	(1.2)	0.6
Finance income	5	(0.2)	(0.9)
Finance costs	6a	45.2	41.2
Fair value loss on derivative interest rate swaps and amortisation of hedging reserve	6b	8.4	1.9
Fair value loss/(gain) on convertible bond	6c	4.8	(28.7)
Operating profit before financing costs		84.3	70.4
Adjustments to reconcile Group operating profit before financing costs to net cash flows from operating activities:			
Revaluation loss on property portfolio	10	53.0	64.4
Profit on sale of land and property	10	—	(2.9)
Axis acquisition costs and JSE listings fees		0.5	—
Amortisation of intangible assets		0.9	—
Fixed rent uplift		(0.7)	(0.9)
Tax paid/(received)		(0.3)	0.2
(Increase)/decrease in trade and other receivables		(7.1)	(0.7)
Increase/(decrease) in trade and other payables		3.0	(12.9)
<b>Net cash flow from operating activities</b>		<b>133.6</b>	<b>117.6</b>
<b>Investing activities</b>			
Payments to acquire and improve investment properties		(39.5)	(74.8)
Receipts from disposal of properties		—	27.5
Cash paid for acquisition of Axis		(5.1)	—
Interest received on development loans		—	1.5
<b>Net cash flow used in investing activities</b>		<b>(44.6)</b>	<b>(45.8)</b>
<b>Financing activities</b>			
Cost of share issues		—	(0.1)
Term bank loan drawdowns	14	282.4	161.6
Term bank loan repayments	14	(300.0)	(175.7)
Proceeds from bond issues	14	41.2	62.9
Loan arrangement fees		(1.8)	(3.5)
Purchase of derivative financial instruments		(1.9)	—
Swap interest received		3.9	1.4
Non-utilisation fees		(2.2)	(2.0)
Interest paid		(47.0)	(39.8)
Equity dividends paid net of scrip dividend	9	(89.5)	(81.6)
<b>Net cash flow from financing activities</b>		<b>(114.9)</b>	<b>(76.8)</b>
<b>Decrease in cash and cash equivalents for the year</b>		<b>(25.9)</b>	<b>(5.0)</b>
Effect of exchange rate fluctuations on Euro-denominated cash and cash equivalents		—	0.7
Cash and cash equivalents at start of year		29.1	33.4
<b>Cash and cash equivalents at end of year</b>	12	<b>3.2</b>	<b>29.1</b>

## Group statement of changes in equity

for the year ended 31 December 2023

	Share capital £m	Share premium £m	Merger and other reserve £m	Hedging reserve £m	Retained earnings £m	Total £m
<b>1 January 2023</b>	167.1	479.4	416.7	(11.1)	430.1	1,482.2
Profit for the year	—	—	—	—	27.3	27.3
<b>Other comprehensive income</b>						
Amortisation of hedging reserve	—	—	—	4.1	—	4.1
Exchange (loss)/gain on translation of foreign balances	—	—	(1.4)	—	1.1	(0.3)
<b>Total comprehensive income</b>	—	—	(1.4)	4.1	28.4	31.1
Share-based awards (“LTIP”)	—	—	—	—	0.1	0.1
Dividends paid	—	—	—	—	(89.5)	(89.5)
Scrip dividend in lieu of cash	—	—	—	—	—	—
<b>31 December 2023</b>	<b>167.1</b>	<b>479.4</b>	<b>415.3</b>	<b>(7.0)</b>	<b>369.1</b>	<b>1,423.9</b>

	Share capital £m	Share premium £m	Merger and other reserve £m	Hedging reserve £m	Retained earnings £m	Total £m
1 January 2022	166.6	474.9	413.5	(15.6)	460.5	1,499.9
Profit for the year	—	—	—	—	56.3	56.3
<b>Other comprehensive income</b>						
Amortisation of hedging reserve	—	—	—	4.5	—	4.5
Exchange gain on translation of foreign balances	—	—	3.2	—	—	3.2
<b>Total comprehensive income</b>	—	—	3.2	4.5	56.3	64.0
Share issue expenses	—	(0.1)	—	—	—	(0.1)
Share-based awards (“LTIP”)	—	—	—	—	—	—
Dividends paid	—	—	—	—	(81.6)	(81.6)
Scrip dividend in lieu of cash	0.5	4.6	—	—	(5.1)	—
<b>31 December 2022</b>	<b>167.1</b>	<b>479.4</b>	<b>416.7</b>	<b>(11.1)</b>	<b>430.1</b>	<b>1,482.2</b>

# Notes to the financial statements

## 2. Corporate information

The Group's financial statements for the year ended 31 December 2023 were approved by the Board of Directors on 27 February 2024 and the Group Balance Sheet was signed on the Board's behalf by the Chairman, Steven Owen. Primary Health Properties PLC is a public limited company incorporated in England and Wales and domiciled in the United Kingdom, limited by shares. The Company's Ordinary Shares are admitted to the Official List of the UK Listing Authority, a division of the Financial Conduct Authority, and traded on the London Stock Exchange.

## 2. Accounting policies

### 2.1 Basis of preparation

The Group's financial statements have been prepared on the historical cost basis, except for investment properties, including investment properties under construction and land, the convertible bond and derivative financial instruments that have been measured at fair value. The Group's financial statements are prepared on the going concern basis (see page 121 of the Annual Report for further details) and presented in Sterling rounded to the nearest million.

#### *Statement of compliance*

The consolidated financial statements for the Group have been prepared in accordance with United Kingdom adopted International Accounting Standards and applied in accordance with the Companies Act 2006. The preliminary results for the year ended 31 December 2023 have been extracted from audited accounts which have not yet been delivered to the Registrar of Companies. The Financial Statements set out in this announcement do not constitute statutory accounts for the year ended 31 December 2023 or 31 December 2022. The financial information for the year ended 31 December 2022 is derived from the statutory accounts from that year. The report of the auditors on the statutory accounts for the year ended 31 December 2023 was unqualified and did not contain a statement under Section 498 of the Companies Act 2006.

### 2.2 Standards adopted during the year

The accounting policies adopted are consistent with those of the previous financial year except for the following new and amended IFRSs effective for the Group as of 1 January 2023.

#### *Amendments to IAS 1 Classification of liabilities as current or non-current*

On 23 January 2020, the IASB issued Amendments to IAS 1 Classification of liabilities as current providing a more general approach to the classification of liabilities under IAS 1 based on the contractual arrangements in place at the reporting date.

#### *Amendments to IAS 12 Deferred tax related to assets and liabilities arising from a single transaction*

On 7 May 2021, the IASB issued amendments to IAS 12 Deferred Tax related to assets and liabilities arising from a single transaction clarifying how companies account for deferred tax on transactions such as leases.

#### *Amendments to IAS 8 Definition of accounting estimates*

On 12 February 2021, the IASB issued amendments to IAS 8 Definition of accounting estimates to help entities to distinguish between accounting policies and accounting estimates.

None of the above have a significant effect on the consolidated financial statements of the Group.

### 2.3 Summary of significant accounting policies

#### *Basis of consolidation*

The Group's financial statements consolidate the financial statements of Primary Health Properties PLC and its wholly owned subsidiary undertakings. Subsidiaries are consolidated from the date of their acquisition, being the date on which the Group obtained control, and continue to be consolidated until the date that such control ceases. Control is exercised if and only if an investor has all the following: power over an investee; exposure, or rights, to variable returns from its involvement with the investee; and the ability to use its power over the investee to affect the amount of the investor's returns. The financial statements of the subsidiary undertakings are prepared for the accounting reference period ending 31 December each year using consistent accounting policies. All intercompany balances and transactions, including unrealised profits arising from them, are eliminated on consolidation.

The individual financial statements of Primary Health Properties PLC and each of its subsidiary undertakings will be prepared under FRS 101. The use of IFRSs at Group level does not affect the distributable reserves available to the Group.

#### *Segmental reporting*

The Directors are of the opinion that the Group is engaged in a single segment of business, being investment property in the United Kingdom and Ireland leased principally to GPs, government healthcare organisations and other associated healthcare users.

#### *Foreign currency transactions*

Each Group company presents its individual financial statements in its functional currency. The functional currency of all UK subsidiaries (with the exception of PHP Euro Private Placement Limited and MXF Properties Ireland Limited which are Euro) is Sterling and the functional currency of Primary Health Properties ICAV and Axis Real Estate Group their Irish domiciled subsidiaries is Euro.

Transactions in currencies other than an individual entity's functional currency (foreign currencies) are recognised at the applicable exchange rate ruling on the transaction date. Exchange differences resulting from settling these transactions, or from retranslating monetary assets and liabilities denominated in foreign currencies, are included in the Group Statement of Comprehensive Income.

### *Foreign operations*

In preparing the Group's consolidated financial statements, the assets and liabilities of foreign entities are translated into Sterling at exchange rates prevailing on the balance sheet date. The income, expenses and cash flows of a foreign entity are translated at the average exchange rate for the period, unless exchange rates fluctuate significantly during the period, in which case the exchange rates at the date of transactions are used.

The exchange rates used to translate foreign currency amounts in 2023 are as follows:

- Group Balance Sheet: £1 = €1.15355 (2022: €1.1295).
- Group Statement of Comprehensive Income: £1 = €1.15977 (2022: €1.1490).

### *Investment properties and investment properties under construction*

The Group's investment properties are held for long term investment. Investment properties and those under construction are initially measured at cost, including transaction costs. Subsequent to initial recognition, investment properties and investment properties under construction are stated at fair value based on market data and a professional valuation made as of each reporting date. The fair value of investment property does not reflect future capital expenditure that will improve or enhance the property and does not reflect future benefits from this future expenditure.

Gains or losses arising from changes in the fair value of investment properties and investment properties under construction are included in the Group Statement of Comprehensive Income in the year in which they arise.

Investment properties are recognised on acquisition upon completion of contract, which is when control of the asset passes to the Group. Investment properties cease to be recognised when control of the property passes to the purchaser, which is upon completion of the sales contract. Any gains and losses arising are recognised in the Group Statement of Comprehensive Income in the year of disposal.

All costs associated with the purchase and construction of investment properties under construction are capitalised including attributable interest and staff costs. Interest is calculated on the expenditure by reference to the average rate of interest on the Group's borrowings. When properties under construction are completed, the capitalisation of costs ceases and they are reclassified as investment properties.

The Group may enter into a forward funding agreement with third-party developers in respect of certain properties under development. In accordance with these agreements, the Group will make monthly stage payments to the developer based on certified works on site at that time. Interest is charged to the developer on all stage payments made during the construction period and on the cost of the land acquired by the Group at the outset of the development and taken to the Group Statement of Comprehensive Income in the year in which it accrues.

### *Property acquisitions and business combinations*

Where a property is acquired through the acquisition of corporate interests, the Board considers the substance of the assets and activities of the acquired entity in determining whether the acquisition represents the acquisition of a business.

Where properties are acquired through the purchase of a corporate entity but the transaction does not meet the definition of a business combination under IFRS 3, the purchase is treated as an asset acquisition. Where the acquisition is considered a business combination, the excess of the consideration transferred over the fair value of assets and liabilities acquired is held as goodwill, initially recognised at cost with subsequent impairment assessments completed at least annually. Where the initial calculation of goodwill arising is negative, this is recognised immediately in the income statement. Rather, the cost to acquire the corporate entity is allocated between the identifiable assets and liabilities of the entity based on their relative fair values on the acquisition date. Accordingly, no goodwill or additional deferred taxation arises. Where any excess of the purchase price of business combinations over the fair value of the assets, liabilities and contingent liabilities is acquired, goodwill is recognised. This is recognised as an asset and is reviewed for impairment at least annually. Any impairment is recognised immediately in the income statement.

### *Gains on sale of properties*

Gains on sale of properties are recognised on the completion of the contract, and are calculated by reference to the carrying value at the end of the previous reporting period, adjusted for subsequent capital expenditure and sale costs.

### *Net rental income*

Rental income arising from operating leases on investment properties is accounted for on a straight line basis over the lease term. An adjustment to rental income is recognised from the rent review date of each lease in relation to unsettled rent reviews. Such adjustments are accrued at 100% (2022: 100%) of the additional rental income that is expected to result from the review. For leases which contain fixed or minimum deemed uplifts, the rental income is recognised on a straight line basis over the lease term. Incentives for lessees to enter into lease agreements are spread evenly over the lease terms, even if the payments are not made on such a basis. Rental income is measured at the fair value of the consideration receivable, excluding discounts, rebates, VAT and other sales taxes or duty. Net rental income is the rental income receivable in the period after payment of direct property costs.

### *Interest income*

Interest income is recognised as interest accrues, using the effective interest method (that is, the rate that exactly discounts estimated future cash receipts through the expected life of the financial instrument to the net carrying amount of the financial asset).

### *Financial instruments under IFRS 9*

#### **Trade receivables**

Trade receivables are recognised at their transaction price and carried at amortised cost as the Group's business model is to collect the contractual cash flows due from tenants which are solely the payment of principal and interest. A loss allowance is made based on the expected

credit loss model which reflects the Group's historical credit loss experience over the past three years but also reflects the lifetime expected credit loss.

**Cash and cash equivalents**

Cash and cash equivalents are defined as cash and short term deposits, with an original maturity of three months or less, measured at amortised cost.

**Trade and other payables**

Trade payables are initially recognised at fair value and subsequently measured at amortised cost inclusive of any VAT that may be applicable.

**Bank loans and borrowings**

All loans and borrowings are initially measured at fair value less directly attributable transaction costs. After initial recognition, all interest-bearing loans and borrowings are subsequently measured at amortised cost, using the effective interest method.

The interest due within the next twelve months is accrued at the end of the year and presented as a current liability within trade and other payables.

**Borrowing costs**

Borrowing costs that are separately identifiable and directly attributable to the acquisition or construction of an asset that necessarily takes a substantial period of time to get ready for its intended use or sale are capitalised as part of the cost of the respective assets. All other borrowing costs are expensed in the period in which they occur. Borrowing costs consist of interest and other costs the Group incurs in connection with the borrowing of funds.

**Convertible bond**

The convertible bond is designated as "at fair value through profit or loss" and so is presented on the Group Balance Sheet at fair value with all gains and losses, including the write-off of issuance costs, recognised in the Group Statement of Comprehensive Income. The fair value of the convertible bond is assessed in accordance with level 1 valuation techniques as set out within "Fair value measurements" within these accounting policies. The interest charge in respect of the coupon rate on the bond has been recognised within the underlying component of net financing costs on an accruals basis. Refer to Note 14b for further details. The amount of the change in fair value of the financial liability designated at fair value through profit or loss that is attributable to changes in credit risk will be recognised in other comprehensive income.

*De-recognition of financial assets and liabilities*

**Financial assets**

A financial asset (or where applicable a part of a financial asset or part of a group of similar financial assets) is de-recognised where:

- the rights to receive cash flows from the asset have expired; or
- the Group retains the right to receive cash flows from the asset, but has assumed an obligation to pay them in full without material delay to a third party under a "pass-through" arrangement; or
- the Group has transferred its right to receive cash flows from the asset and either: (a) has transferred substantially all the risks and rewards of the asset; or (b) has neither transferred nor retained substantially all the risks and rewards of the asset, but has transferred control of the asset; or
- the cash flows are significantly modified.

Where the Group has transferred its rights to receive cash flows from an asset and has neither transferred nor retained substantially all the risks and rewards of the asset nor transferred control of the asset, the asset is recognised to the extent of the Group's continuing involvement in the asset. Continuing involvement that takes the form of a guarantee over the transferred asset is measured at the lower of the original carrying amount of the asset and the maximum amount of consideration that the Group could be required to repay.

**Financial liabilities**

A financial liability is de-recognised when the obligation under the liability is discharged or cancelled or expires.

Where an existing financial liability is replaced by another from the same lender on substantially different terms, or the terms of an existing liability are substantially modified, such an exchange or modification is treated as a de-recognition of the original liability and the recognition of a new liability, and the difference in the respective carrying amounts is recognised in profit or loss.

When the exchange or modification of an existing financial liability is not accounted for as an extinguishment, any costs or fees incurred adjust the liability's carrying amount and are amortised over the modified liability's remaining term and any difference in the carrying amount after modification is recognised as a modification gain or loss.

**Hedge accounting**

At the inception of a transaction the Group documents the relationship between hedging instruments and hedged items, as well as its risk management objectives and strategy for undertaking various hedging transactions. The Group also documents its assessment, both at inception and on an ongoing basis.

For cash flow hedging, the Group monitors the hedging instrument to check it continues to meet the criteria of IAS 39, having applied the practical expedient on transition, for being described as "highly effective" in offsetting changes in the fair values or cash flows of hedged items.

For net investment hedge relationships, the Group monitors the hedging instrument to check it continues to meet the criteria of IAS 39 for being described as "highly effective".

#### **Derivative financial instruments (the “derivatives”)**

The Group uses interest rate swaps to help manage its interest rate risk.

All interest rate derivatives are initially recognised at fair value at the date the derivative is entered into and are subsequently remeasured at fair value. The fair values of the Group’s interest rate swaps are calculated by Chatham (formally JCRA), an independent specialist which provides treasury management services to the Group.

The method of recognising the resulting gain or loss depends on whether the derivative is designated as an effective hedging instrument:

- Where a derivative is designated as a hedge of the variability of a highly probable forecast transaction, such as an interest payment, the element of the gain or loss on the derivative that is an “effective” hedge is recognised directly in equity. When the forecast transaction subsequently results in the recognition of a financial asset or a financial liability, the associated gains or losses that were recognised directly in the cash flow hedging reserve are reclassified into the Group Statement of Comprehensive Income in the same period or periods during which the asset acquired or liability assumed affects the Group Statement of Comprehensive Income, i.e. when interest income or expense is recognised.
- The gain or loss on derivatives that do not meet the strict criteria for being “effective” and so do not qualify for hedge accounting and the non-qualifying element of derivatives that do qualify for hedge accounting are recognised in the Group Statement of Comprehensive Income immediately. The treatment does not alter the fact that the derivatives are economic hedges of the underlying transaction.

For swaps that have been cancelled which previously qualified for hedge accounting, the remaining value within the cash flow hedging reserve at the date of cancellation is recycled to the Group Statement of Comprehensive Income on a straight line basis from the date of cancellation to the original swap expiry date where the hedged transaction is still expected to occur. If the swaps have been cancelled and the hedged transaction is no longer expected to occur, the amount accumulated in the hedging reserve is reclassified to profit and loss immediately.

#### *Tax*

Taxation on the profit or loss for the period not exempt under UK REIT regulations comprises current and deferred tax. Taxation is recognised in the Group Statement of Comprehensive Income except to the extent that it relates to items recognised as direct movements in equity, in which case it is also recognised as a direct movement in equity.

Current tax is the expected tax payable on any non-REIT taxable income for the period, using tax rates enacted or substantively enacted at the balance sheet date, and any adjustment to tax payable in respect of previous years.

#### *Fair value measurements*

The Group measures certain financial instruments such as derivatives, the Group’s convertible bond and non-financial assets such as investment property, at fair value at the end of each reporting period. Also, fair values of financial instruments measured at amortised cost are disclosed in the financial statements.

Fair value is the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants at the measurement date. The fair value measurement is based on the presumption that the transaction to sell the asset or transfer the liability takes place either:

- in the principal market for the asset or liability; or
- in the absence of a principal market, in the most advantageous market for the asset or liability.

The Group must be able to access the principal or the most advantageous market at the measurement date.

The fair value of an asset or liability is measured using the assumptions that market participants would use when pricing the asset or liability, assuming that market participants act in their economic best interest.

A fair value measurement of a non-financial asset takes into account a market participant’s ability to generate economic benefits using the asset in its highest and best use or by selling it to another market participant that would use the asset in its highest and best use.

The Group uses valuation techniques at three levels that are appropriate in the circumstances and for which sufficient data is available to measure fair value, maximising the use of relevant observable inputs and minimising the use of unobservable inputs significant to the fair value measurement as a whole:

Level 1: Quoted (unadjusted) market prices in active markets for identical assets or liabilities.

Level 2: Valuation techniques for which the lowest level input that is significant to the fair value measurement is directly or indirectly observable.

Level 3: Valuation techniques for which the lowest input that is significant to the fair value measurement is unobservable.

For assets and liabilities that are recognised in the financial statements on a recurring basis, the Group determines whether transfers have occurred between levels in the hierarchy by reassessing categorisation at the end of each reporting period.

#### *Leases – Group as a lessor*

The vast majority of the Group’s properties are leased out under operating leases and are included within investment properties. Rental income, including the effect of lease incentives, is recognised on a straight line basis over the lease term.

Where the Group transfers substantially all the risks and benefits of ownership of the asset, the arrangement is classified as a finance lease and a receivable is recognised for the initial direct costs of the lease and the present value of the minimum lease payments. Finance income is

recognised in the Group Statement of Comprehensive Income so as to achieve a constant rate of return on the remaining net investment in the lease. Interest income on finance leases is restricted to the amount of interest actually received.

#### *Employee costs*

##### **Defined contribution pension plans**

Obligations for contributions to defined contribution pension plans are charged to the income statement as incurred.

##### **Share-based employee remuneration**

The fair value of equity-settled share-based payments to employees is determined with reference to the fair value of the equity instruments at the date of grant and is expensed on a straight line basis over the vesting period, based on the Group's estimate of shares or options that will eventually vest. The fair value of awards is equal to the market value at grant date.

##### **Capitalised salaries**

Certain internal staff and associated costs directly attributable to the management of major projects are capitalised. Internal staff costs are capitalised from the start of the project until the date of practical completion.

#### *Properties held for sale*

Investment property (and disposal groups) classified as held for sale are measured at fair value consistent with other investment properties.

Investment property and disposal groups are classified as held for sale if their carrying amount will be recovered through a sale transaction rather than through continuing use. This condition is regarded as met only when the sale is highly probable, and the asset (or disposal group) is available for immediate sale in its present condition. Management must be committed to the sale which should be expected to qualify for recognition as a completed sale within one year from the date of classification.

#### *Capitalised costs*

A capitalised cost is an expense added to the cost basis of a fixed asset on the balance sheet. Capitalised costs are incurred when purchasing fixed assets following the matching principle of accounting to record expenses in the same period as related revenues or useful life of an asset. The historical costs are recorded on the balance sheet and depreciated over the useful life of an asset.

Contract-based intangible assets comprise the value of customer contracts arising on business combinations. Intangible assets arising on business combinations are initially recognised at fair value. Intangible assets arising on business combinations are amortised on a straight line basis to the income statement over their expected useful lives, and are carried at depreciated historical cost.

## **2.4 Significant accounting estimates and judgements**

The preparation of the Group financial statements requires management to make a number of estimates and judgements that affect the reported amounts of assets and liabilities and may differ from future actual results. The estimates and judgements that are considered most critical and that have a significant inherent risk of causing a material adjustment to the carrying amounts of assets and liabilities are:

### *a) Estimates*

#### **Fair value of investment properties**

Investment properties include: (i) completed investment properties; and (ii) investment properties under construction. Completed investment properties comprise real estate held by the Group or leased by the Group under a finance lease in order to earn rental income or for capital appreciation, or both. Investment properties under construction are not material and therefore there is no estimation uncertainty.

The fair market value of a property is deemed by the independent property valuer appointed by the Group to be the estimated amount for which a property should exchange, on the date of valuation, in an arm's length transaction. Properties have been valued on an individual basis, assuming that they will be sold individually over time. Allowances are made to reflect the purchaser's costs of professional fees and stamp duty and tax.

In accordance with RICS Appraisal and Valuation Standards, factors taken into account are current market conditions, annual rentals, state of repair, ground stability, contamination issues and fire and health and safety legislation. Refer to Note 10 of the financial statements which includes further information on the fair value assumptions and sensitivities.

In determining the fair value of investment properties under construction the valuer is required to consider the significant risks which are relevant to the development process including, but not limited to, construction and letting risks. The valuer takes into account any pre-lets and whether construction risk remains with the respective developer or contractor.

#### **Fair value of derivatives**

In accordance with IFRS 9, the Group values its derivative financial instruments at fair value. Fair value is estimated by Chatham (formerly JCRA) on behalf of the Group, using a number of assumptions based upon market rates and discounted future cash flows. The derivative financial instruments have been valued by reference to the mid-price of the yield curve prevailing on 31 December 2023. Fair value represents the net present value of the difference between the cash flows produced by the contracted rate and the valuation rate. Refer to Note 16 of the financial statements.

### *b) Judgements*

In the process of applying the Group's accounting policies, which are described above, the Directors do not consider there to be significant judgements applied with regard to the policies adopted.

## 2.5 Standards issued but not yet effective

At the date of authorisation of these financial statements, the Group has not applied the following new and revised IFRSs that have been issued but are not yet effective and in some cases have not yet been adopted by the UK:

- amendments to IAS 1 Non-current liabilities with covenants;
- amendments to IFRS 16 Lease liability in a sale and leaseback;
- amendments to IAS 21 Lack of exchangeability; and
- annual improvements to IFRS standards 2018–2020.

A number of new standards and amendments to standards and interpretations are effective for annual periods beginning on or after 1 January 2024, but are not yet applicable to the Group and have not been applied in preparing these consolidated financial statements. None of these are expected to have a significant effect on the consolidated financial statements of the Group.

## 3. Rental and related income

Revenue comprises rental income receivable on property investments in the UK and Ireland, which is exclusive of VAT, plus facilities and properties management income. Revenue is derived from one reportable operating segment, with £136.0 million and £14.8 million of rent roll derived from the UK and Ireland respectively. Details of the lease income are given below.

### Group as a lessor

a) The future minimum lease payments under non-cancellable operating leases receivable by the Group are as follows:

	Less than one year £m	One to two years £m	Two to three years £m	Three to four years £m	Four to five years £m	More than five years £m	Total £m
<b>2023</b>	<b>145.0</b>	<b>139.9</b>	<b>135.4</b>	<b>128.0</b>	<b>120.7</b>	<b>862.8</b>	<b>1,531.8</b>
2022	142.9	138.1	133.9	129.6	122.7	910.2	1,577.4

b) The rental income earned on operating leases is recognised on a straight line basis over the lease term.

The Group leases medical centres to GPs, NHS organisations, the HSE in Ireland and other healthcare users, typically on long term occupational leases which provide for regular reviews of rent on an effectively upwards-only basis.

## 4. Group operating profit

Operating profit is stated after charging administrative expense of £12.3 million, amortisation of intangible assets of £0.9 million, Axis acquisition costs of £0.3 million and one off set up costs associated with the JSE listing of £0.2 million (31 December 2022: £9.6 million). Administrative expenses as a proportion of rental and related income were 7.2% (31 December 2022: 6.5%). The Group's EPRA cost ratio has increased to 10.7%, compared to 9.9% for the same period in 2022.

Administrative expenses include staff costs of £7.1 million (31 December 2022: £5.4 million).

In the year PHP acquired Axis, an Irish property management business. In the period Axis contributed £5.7 million of related income and incurred direct property expenses of £3.9 million, contributing £1.8 million of net related income. After the deduction of £0.7 million administrative expenses Axis generated an operating profit of £1.1 million.

Group operating profit is stated after charging:

	2023 £m	2022 £m
<b>Administrative expenses including:</b>		
Advisory fees (Note 4a)	—	0.1
Staff costs (Note 4b)	7.5	5.4
Performance Incentive Fees (Note 4c)	—	—
Directors' fees	0.4	0.4
<b>Audit fees</b>		
Fees payable to the Company's auditor and its associates for the audit of the Company's annual accounts	0.5	0.5
Fees payable to the Company's auditor and its associates for the audit of the Company's subsidiaries	0.1	0.1
<b>Total audit fees</b>	<b>0.6</b>	<b>0.6</b>
<b>Total audit and assurance services</b>	<b>0.6</b>	<b>0.6</b>
<b>Non-audit fees</b>		
Fees payable to the Company's auditor and its associates for the interim review	0.1	0.1
Advisory services	—	—
<b>Total non-audit fees</b>	<b>0.1</b>	<b>0.1</b>
<b>Total fees</b>	<b>0.7</b>	<b>0.7</b>

Please refer to page 93 of the Annual Report for analysis of non-audit fees.

### a) Advisory fees

The Group shares certain operational services with Nexus. Amounts paid during the year in relation to these shared services totalled £nil million (2022: £nil).

## b) Staff costs

	2023 £m	2022 £m
Wages and salaries	7.9	6.0
Less staff costs capitalised in respect of development and asset management projects	(1.5)	(1.4)
Social security costs	0.7	0.6
Pension costs	0.3	0.2
Equity-settled share-based payments	0.1	—
	<b>7.5</b>	<b>5.4</b>

In addition to the above, there were £0.9 million of direct salaries recognised within property costs for Axis employees. The Group operates a defined contribution pension scheme for all employees. The Group contribution to the scheme during the year was £0.3 million (2022: £0.2 million), which represents the total expense recognised through the income statement. As at 31 December 2023, there were no contributions (2022: £nil) due in respect of the reporting period that had not been paid over to the plan.

The average monthly number of Group employees during the year was 62 which included 60 full time and 2 part time employees (2022: 67 which included 64 full time and 3 part time), and as at 31 December 2023 was 58 (2022: 65). In addition to this, the average employees in the Axis team during the year was 27, with 28 employees as at 31 December 2023.

The Executive Directors and Non-executive Directors are the key management personnel. Full disclosure of Directors' emoluments, as required by the Companies Act 2006, can be found in the Remuneration Report of the Annual Report.

The Group's equity-settled share-based payments comprise the following:

Scheme	Fair value measure
Long Term Incentive Plan ("LTIP")	Face value at grant date
Save As You Earn ("SAYE")	Face value at grant date

The Group expenses an estimate of how many shares are likely to vest based on the market price at the date of grant, taking account of expected performance against the relevant performance targets and service periods, which are discussed in further detail in the Remuneration Report.

## c) Performance Incentive Fee ("PIF")

Information about the PIF is provided in the Corporate Governance section in the Annual Report.

The internalisation of management in 2021 resulted in the unwinding of the PIF, with 2022 being the last year of its operation. The necessary hurdle rate was not met in 2022, with no payment due and no balance on the notional cumulative PIF account.

## 5. Finance income

	2023 £m	2022 £m
<b>Interest income on financial assets</b>		
Development loan interest	0.2	0.9
	<b>0.2</b>	<b>0.9</b>

## 6. Finance costs

	2023 £m	2022 £m
<b>Interest expense and similar charges on financial liabilities</b>		
<b>a) Interest</b>		
Bank loan interest	27.4	23.0
Swap interest	(4.6)	(1.4)
Bond interest	20.0	17.5
Bank facility non-utilisation fees	2.2	2.0
Bank charges and loan arrangement fees	3.3	3.0
	<b>48.3</b>	<b>44.1</b>
Interest capitalised	(0.1)	—
	<b>48.2</b>	<b>44.1</b>
Amortisation of MedicX debt MtM on acquisition	(3.0)	(2.9)
	<b>45.2</b>	<b>41.2</b>

	2023 £m	2022 £m
<b>b) Derivatives</b>		
Net fair value loss/(gain) on interest rate swaps	4.3	(2.6)
Amortisation of cash flow hedging reserve	4.1	4.5
	<b>8.4</b>	<b>1.9</b>

The fair value movement on derivatives recognised in the Group Statement of Comprehensive Income has arisen from the interest rate swaps for which hedge accounting does not apply. There was no fair value gain or loss accounted for directly in equity on derivatives which do meet the hedge effectiveness criteria under IAS 39 (2022: £nil). An amount of £4.1 million (2022: £4.5 million) has been amortised from the cash flow hedging reserve in the year resulting from early termination of effective swap contracts (see Note 21).

	2023 £m	2022 £m
<b>c) Convertible bond</b>		
Fair value loss/(gain) on existing convertible bond	4.8	(28.7)
	<b>4.8</b>	<b>(28.7)</b>

The fair value movement in the convertible bond is recognised in the Group Statement of Comprehensive Income within profit before taxation and is excluded from the calculation of EPRA earnings and EPRA NTA. Refer to Note 14 for further details about the convertible bonds.

	2023 £m	2022 £m
<b>Net finance costs</b>		
Finance income (Note 5)	0.2	0.9
Finance costs (as per above)	(48.3)	(44.1)
	<b>(48.1)</b>	<b>(43.2)</b>
Interest capitalised	0.1	—
	<b>(48.0)</b>	<b>(43.2)</b>
Amortisation of MedicX debt MtM on acquisition	3.0	2.9
	<b>(45.0)</b>	<b>(40.3)</b>

## 7. Taxation

### a) Taxation charge in the Group Statement of Comprehensive Income

The taxation charge is made up as follows:

	2023 £m	2022 £m
<b>Current tax</b>		
UK corporation tax	—	—
Irish corporation tax	0.1	(0.2)
Deferred tax on Irish activities	(1.3)	0.8
<b>Total tax (credit)/charge</b>	<b>(1.2)</b>	<b>0.6</b>

The UK corporation tax rate of 25% (2022: 19%) and the Irish corporation tax rate of 19% (2022: 19%) have been applied in the measurement of the Group's UK and Ireland related activities tax liability at 31 December 2023. The UK corporation tax rate was increased to 25% effective 1 April 2023 and has been pro rated for the purposes of the UK corporation tax rate applied in the year.

### b) Factors affecting the tax charge for the year

The tax assessed for the year is lower than (2022: lower than) the standard rate of corporation tax in the UK. The differences are explained below:

	2023 £m	2022 £m
Profit on ordinary activities before taxation	26.1	56.9
Theoretical tax at UK corporation tax rate of 23.5% (2022: 19%)	6.1	10.8
REIT exempt income	(16.5)	(11.2)
Transfer pricing adjustment	8.5	7.1
Fair value loss/(gain) on convertible bond	0.5	(5.4)
Non-taxable items	0.8	—
Losses brought forward utilised	0.1	(0.6)
Difference in Irish tax rates	(0.7)	(0.1)
<b>Taxation (credit)/charge (Note 7a)</b>	<b>(1.2)</b>	<b>0.6</b>

The UK REIT rules exempt the profits of the Group's property rental business from corporation tax.

### c) Basis of taxation

The Group elected to be treated as a UK REIT with effect from 1 January 2007. The UK REIT rules exempt the profits of the Group's property rental business from corporation tax. Gains on properties are also exempt from tax, provided they are not held for trading or sold in the three years post completion of development. The Group will otherwise be subject to corporation tax at 25% (2022: 19%).

Acquired companies are effectively converted to UK REIT status from the date on which they become a member of the Group.

As a UK REIT, the Company is required to pay Property Income Distributions (“PIDs”) equal to at least 90% of the Group’s rental profit calculated by reference to tax rules rather than accounting standards.

To remain as a UK REIT there are a number of conditions to be met in respect of the principal company of the Group, the Group’s qualifying activities and the balance of its business. The Group remains compliant as at 31 December 2023.

The Group’s activities in Ireland are conducted via Irish companies, a Guernsey company and an Irish Collective Asset Vehicle (“ICAV”). The Irish companies pay Irish corporation tax on trading activities and deferred tax is calculated on the increase in capital values. The Guernsey company pays tax on its net rental income. The ICAV does not pay any Irish corporation tax on its profits but a 20% withholding tax is paid on distributions to owners.

## 8. Earnings per share

### Performance measures

In the tables below, we present earnings per share and net assets per share calculated in accordance with IFRSs, together with our own adjusted measure and certain measures defined by the European Public Real Estate Association (“EPRA”), which have been included to assist comparison between European property companies. Two of the Group’s key financial performance measures are adjusted earnings per share and adjusted net tangible assets per share.

Adjusted earnings, which is a tax adjusted measure of revenue profit, is the basis for the calculation of adjusted earnings per share. We believe adjusted earnings and adjusted earnings per share provide further insight into the results of the Group’s operational performance to stakeholders as they focus on the net rental income performance of the business and exclude capital and other items which can vary significantly from year-to-year.

### Earnings per share

	2023			2022		
	IFRS earnings £m	Adjusted earnings £m	EPRA earnings £m	IFRS earnings £m	Adjusted earnings £m	EPRA earnings £m
Profit after taxation	27.3	27.3	27.3	56.3	56.3	56.3
Adjustments to remove:						
Revaluation deficit on property portfolio	—	53.0	53.0	—	64.4	64.4
Profit on sale of land and property	—	—	—	—	(2.9)	(2.9)
Fair value movement on derivatives	—	8.4	8.4	—	1.9	1.9
Fair value movement and issue costs on convertible bond	—	4.8	4.8	—	(28.7)	(28.7)
Taxation charge/(credit)	—	(1.2)	(1.2)	—	0.6	0.6
JSE listing fees	—	0.2	0.2	—	—	—
Amortisation of intangible assets	—	0.9	0.9	—	—	—
Axis acquisition costs	—	0.3	0.3	—	—	—
Amortisation of MtM loss on debt acquired	—	(3.0)	—	—	(2.9)	—
Basic earnings	27.3	90.7	93.7	56.3	88.7	91.6
Dilutive effect of convertible bond	—	4.3	4.3	(24.3)	4.3	4.3
Diluted earnings	27.3	95.0	98.0	32.0	93.0	95.9

### Number of shares

	2023 weighted average			2022 weighted average		
	million	million	million	million	million	million
Ordinary Shares	1,336.5	1,336.5	1,336.5	1,334.8	1,334.8	1,334.8
Dilutive effect of convertible bond	—	113.9	113.9	108.9	108.9	108.9
Diluted Ordinary Shares	1,336.5	1,450.4	1,450.4	1,443.7	1,443.7	1,443.7

Profit/(loss) per share attributable to shareholders:

	2023			2022		
	IFRS pence	Adjusted pence	EPRA pence	IFRS pence	Adjusted pence	EPRA pence
Basic	2.0	6.8	7.0	4.2	6.6	6.9
Diluted	2.0	6.6	6.8	2.2	6.4	6.6

In the year ended 31 December 2023 the effect of the convertible bond has been excluded from the diluted profit and weighted average diluted number of shares when calculating IFRS diluted profit per share because they are anti-dilutive.

**Net assets per share**

	31 December 2023			31 December 2022		
	IFRS pence	Adjusted pence	EPRA pence	IFRS pence	Adjusted pence	EPRA pence
Net assets attributable to shareholders	1,423.9	1,423.9	1,423.9	1,482.2	1,482.2	1,482.2
Derivative interest rate swaps liability	—	(4.7)	(4.7)	—	(7.1)	(7.1)
Deferred tax	—	3.8	3.8	—	5.4	5.4
Intangible assets	—	(6.2)	(6.2)	—	—	—
Cumulative convertible bond fair value movement	—	(2.3)	(2.3)	—	(7.1)	(7.1)
MtM on MedicX debt net of amortisation	—	28.5	—	—	31.4	—
Net tangible assets (“NTA”)	1,423.9	1,443.0	1,414.5	1,482.2	1,504.8	1,473.4
Intangible assets	—	—	6.2	—	—	—
Real estate transfer taxes	—	—	184.4	—	—	189.1
Net reinstatement value (“NRV”)	1,423.9	1,443.0	1,605.1	—	—	1,662.5
Fixed rate debt and swap MtM value	—	—	137.0	—	—	172.7
Deferred tax	—	—	(3.8)	—	—	(5.4)
Cumulative convertible bond fair value movement	—	—	2.3	—	—	7.1
Real estate transfer taxes	—	—	(184.4)	—	—	(189.1)
Net disposal value (“NDV”)	1,423.9	1,443.0	1,556.2	1,482.2	1,504.8	1,647.8

**Ordinary Shares**

	31 December 2023			31 December 2022		
	million	million	million	million	million	million
Issued share capital	1,336.5	1,336.5	1,336.5	1,336.5	1,336.5	1,336.5

**Basic net asset value per share<sup>1</sup>**

	31 December 2023			31 December 2022		
	IFRS pence	Adjusted pence	EPRA pence	IFRS pence	Adjusted pence	EPRA pence
Net tangible assets (“NTA”)	106.5	108.0	105.8	110.9	112.6	110.2
Net reinstatement value (“NRV”)	—	—	120.1	—	—	124.4
Net disposal value (“NDV”)	—	—	116.4	—	—	123.3

<sup>1</sup> The above are calculated on a “basic” basis without the adjustment for the impact of the convertible bond which is shown in the diluted basis table below.

**Diluted net asset value per share<sup>2</sup>**

	31 December 2023			31 December 2022		
	IFRS pence	Adjusted pence	EPRA pence	IFRS pence	Adjusted pence	EPRA pence
Net tangible assets (“NTA”)	108.5	109.8	105.8	112.9	114.5	112.3
Net reinstatement value (“NRV”)	—	—	120.1	—	—	125.4
Net disposal value (“NDV”)	—	—	116.4	—	—	124.4

<sup>2</sup> The Company assesses the dilutive impact of the unsecured convertible bond, issued by the Group on 15 July 2019, on its net asset value per share with a current exchange price of 131.72 pence (31 December 2022: 137.69 pence).

Conversion of the convertible bond would result in the issue of 113.9 million (31 December 2022: 108.9 million) new Ordinary Shares. The IFRS net asset value and EPRA NDV would increase by £147.7 million (31 December 2022: £142.9 million) and the EPRA NTA, adjusted NTA and EPRA NRV would increase by £150.0 million (31 December 2022: £150.0 million). The resulting diluted net asset values per share are anti-dilutive to all measures and are set out in the table above.

In accordance with IAS 33 Earnings per share the Company is required to assess and disclose the dilutive impact of the contingently issuable shares within the convertible bond. The impact is not recognised where it is anti-dilutive.

**Headline earnings per share**

The JSE listing conditions require the calculation of headline earnings (calculated in accordance with Circular 1/2021 – Headline Earnings as issued by the South African Institute of Chartered Accountants) and disclosure of a detailed reconciliation of headline earnings to the earnings numbers used in the calculation of basic earnings per share in accordance with the requirements of IAS 33 Earnings per share. Disclosure of headline earnings is not a requirement of IFRS.

	2023 £m	2022 £m
Reconciliation of profit for the period to headline earnings		
<b>Basic earnings</b>	<b>27.3</b>	<b>56.3</b>
<i>Adjustments to calculate headline earnings:</i>		

JSE listing fees & Axis acquisition costs	0.5	—
Amortisation of intangible assets	0.9	—
Revaluation deficit	53.0	64.4
Profit on sale on properties	—	(2.9)
Deferred tax on Irish activities	(1.3)	0.8
<b>Headline earnings</b>	<b>80.4</b>	<b>118.6</b>
Corporation tax	0.1	(0.2)
Fair value gain on derivative financial instruments and convertible bond	13.2	(26.8)
Non-recurring items	(3.0)	(2.9)
<b>Adjusted earnings</b>	<b>90.7</b>	<b>88.7</b>
Diluted basic earnings	36.4	32.0
Diluted headline earnings	89.5	94.3
Basic earnings per share	2.0	4.2
Headline earnings per share	6.0	8.9
Adjusted earnings per share	6.8	6.6
Diluted basic earnings per share	2.0	2.2
Diluted headline earnings per share	6.2	6.5
Number of shares	1,336.5	1,336.5
Weighted average number of Ordinary Shares for headline, basic and adjusted earnings per share	1,336.5	1,334.8
Weighted average number of Ordinary Shares for diluted basic and headline earnings per share	1,450.4	1,443.7

## 9. Dividends

Amounts recognised as distributions to equity holders in the year:

	2023 £m	2022 £m
Quarterly interim dividend paid 23 February 2023	22.4	—
Quarterly interim dividend paid 19 May 2023	22.4	—
Quarterly interim dividend paid 18 August 2023	22.3	—
Quarterly interim dividend paid 24 November 2023	22.4	—
Quarterly interim dividend paid 25 February 2022	—	21.0
Scrip dividend in lieu of quarterly cash dividend paid 25 February 2022	—	0.6
Quarterly interim dividend paid 20 May 2022	—	20.6
Scrip dividend in lieu of quarterly cash dividend paid 20 May 2022	—	1.1
Quarterly interim dividend paid 19 August 2022	—	18.1
Scrip dividend in lieu of quarterly cash dividend paid 19 August 2022	—	3.4
Quarterly interim dividend paid 25 November 2022	—	21.9
<b>Total dividends distributed in the year</b>	<b>89.5</b>	<b>86.7</b>
<b>Per share</b>	<b>6.7p</b>	<b>6.5p</b>

On 3 January 2024, the Board declared an interim dividend of 1.725 pence per Ordinary Share with regard to the year ended 31 December 2023, payable on 22 February 2024. This dividend will comprise wholly of an ordinary dividend of 0.275 pence and Property Income Distribution (“PID”) of 1.45 pence.

## 10. Investment properties and investment properties under construction

Properties have been independently valued at fair value by Avison Young (UK) Limited, Jones Lang LaSalle and CBRE Chartered Surveyors and Valuers, as at the balance sheet date in accordance with accounting standards. The valuers have confirmed that they have valued the properties in accordance with the Practice Statements in the RICS Appraisal and Valuation Standards 2022 (the “Red Book”). There were no changes to the valuation techniques during the year. The valuers are appropriately qualified and have sufficient market knowledge and relevant experience of the location and category of investment property and have had full regard to market evidence when determining the values.

The properties are 99.3% let (2022: 99.7%). The valuations reflected a 5.05% (2022: 4.82%) net initial yield and a 5.06% (2022: 4.89%) true equivalent yield. Where properties have outstanding rent reviews, an estimate is made of the likely rent on review in line with market expectations and the knowledge of the valuers.

In accordance with IAS 40, investment properties under construction have also been valued at fair value by the valuers. In determining the fair value, the valuers are required to value development property as if complete, deduct the costs remaining to be paid to complete the development and consider the significant risks which are relevant to the development process including, but not limited to, construction and letting risks and the impact they may have on fair value. In the case of the Group’s portfolio under construction, where the sites are pre-let and construction risk remains with the builder/developer, the valuers have deemed that the residual risk to the Group is minimal. As required by the Red Book, the valuers have deducted the outstanding cost to the Group through to the completion of construction of £5.4 million (2022: £2.8 million) in arriving at the fair value to be included in the financial statements.

In addition to the above, capital commitments have been entered into amounting to £7.1 million (2022: £9.9 million) which have not been provided for in the financial statements.

A fair value decrease of £4.2 million (2022: increase of £0.6 million) in respect of investment property under construction has been recognised in the Group Statement of Comprehensive Income, as part of the overall total net valuation loss on the property portfolio in the year of £53.0 million (2022: £64.4 million loss).

Of the £2,776.3 million (2022: £2,793.1 million) valuation, £2,531.7 million (91%) (2022: £2,562.2 million) relates to investment properties in the UK and £244.6 million (9%) (2022: £230.9 million) relates to investment properties in Ireland.

In line with accounting policies, the Group assessed whether the acquisitions during the year were asset purchases or business combinations.

	Investment properties – freehold <sup>1</sup> £m	Investment properties – long leasehold £m	Investment properties – under construction £m	Total £m
<b>As at 1 January 2023</b>	<b>2,214.5</b>	<b>577.3</b>	<b>4.5</b>	<b>2,796.3</b>
Property additions	10.3	28.3	1.4	40.0
Reclassification of freehold and leasehold and land	2.1	(1.4)	(0.7)	—
Transfer from properties under construction	—	—	—	—
Impact of lease incentive adjustment	0.4	0.5	—	0.9
Foreign exchange movements	(3.8)	(0.9)	—	(4.7)
Lease ground rent adjustment	—	(0.2)	—	(0.2)
	2,223.5	603.6	5.2	2,832.3
Revaluations for the year	(28.4)	(20.4)	(4.2)	(53.0)
<b>As at 31 December 2023</b>	<b>2,195.1</b>	<b>583.2</b>	<b>1.0</b>	<b>2,779.3</b>
As at 1 January 2022	2,208.4	568.3	19.2	2,795.9
Property additions	66.8	0.7	10.6	78.1
Property disposals	(23.4)	(1.2)	—	(24.6)
Reclassification of freehold and leasehold	(27.5)	27.5	—	—
Transfer from properties under construction	0.8	0.3	—	1.1
Impact of lease incentive adjustment	26.4	—	(26.4)	—
Foreign exchange movements	8.9	2.1	0.5	11.5
Lease ground rent adjustment	(1.3)	—	—	(1.3)
	2,259.1	597.7	3.9	2,860.7
Revaluations for the year	(44.6)	(20.4)	0.6	(64.4)
As at 31 December 2022	2,214.5	577.3	4.5	2,796.3

1 Includes development land held at £0.7 million (31 December 2022: £0.7 million).

Bank borrowings, bonds and interest rate swaps are secured on investment properties with a value of £2,739.3 million (2022: £2,706.5 million).

#### **Right of use assets**

In accordance with IFRS 16 Leases, the Group has recognised a £3.0 million head lease liability and an equal and opposite finance lease asset which is included in non-current assets.

#### **Fair value hierarchy**

All of the Group's properties are level 3, as defined by IFRS 13, in the fair value hierarchy as at 31 December 2023 and 31 December 2022. There were no transfers between levels during the year or during 2022. Level 3 inputs used in valuing the properties are those which are unobservable, as opposed to level 1 (inputs from quoted prices) and level 2 (non-quoted observable inputs either directly (i.e. as prices) or indirectly (i.e. derived from prices)).

#### **Valuation techniques used to derive level 3 fair values**

The valuations have been prepared on the basis of fair market value ("FMV") which is defined in the RICS Valuation Standards as:

"The estimated amount for which a property should exchange on the date of valuation between a willing buyer and a willing seller in an arm's length transaction after proper marketing wherein the parties had each acted knowledgeably, prudently and without compulsion."

#### **Valuation techniques**

Under the market comparable approach, a property's fair value is estimated based on comparable transactions on an arm's length basis, using certain unobservable inputs. These inputs are detailed below.

#### **Unobservable input: estimated rental value ("ERV")**

The rent at which space could be let in the market conditions prevailing at the date of valuation. ERV is also used in determining expected rental uplift on outstanding rent reviews.

	2023	2022
ERV – range of the portfolio	<b>£27,500–£1,515,482</b>	£26,500–£1,515,482
	<b>per annum</b>	per annum

**Unobservable input: equivalent yield**

The equivalent yield is defined as the internal rate of return of the cash flow from the property, assuming a rise to ERV at the next review date, but with no further rental growth.

	2023	2022
True equivalent yield – range of the portfolio	<b>2.77%–16.10%</b>	2.52%–17.50%

**Unobservable input: physical condition of the property**

The properties are physically inspected by the valuers on a three-year rotating basis.

**Unobservable input: net initial yield**

The NIY is the annualised rental income based on the cash rents passing at the balance sheet date, less non-recoverable property operating expenses, divided by the market value of the property, increased with (estimated) purchaser’s costs.

**Unobservable input: rental growth**

The estimated average increase in rent based on both market estimations and contractual situations.

**Sensitivity of measurement of significant unobservable inputs**

During 2023 the Group experienced an 23bps increase in the portfolio net initial yield, reducing investment property by £128 million (4.6% reduction), before reflecting gains as a result of rental growth and asset management projects. We have therefore applied the following sensitivities:

- A decrease in the estimated annual rent will decrease the fair value. A 5% decrease/increase in annual rent would result in an approximately £139 million decrease/increase in the investment property valuation.
- A decrease in the equivalent yield will increase the fair value. A 25bps shift of equivalent yield would have an approximately £145 million impact on the investment property valuation, either an increase or decrease.
- A deterioration in the physical condition of the property will decrease the fair value.
- An increase in the net initial yield will decrease fair value. A further 25bps shift in the net initial yield would have an approximately £131 million impact on the investment property valuation, either an increase or decrease.
- An increase in the rental growth will increase the fair value.

**11. Trade and other receivables**

	2023 £m	2022 £m
Trade receivables (net of loss allowance)	<b>16.3</b>	11.6
Prepayments and accrued income	<b>7.9</b>	6.0
Other debtors	<b>0.7</b>	0.2
	<b>24.9</b>	17.8

The expected credit losses are estimated using a provision matrix by reference to past experience and an analysis of the debtor’s current financial position, adjusted for factors that are specific to the debtor on the recoverability, general economic conditions of the industry and an assessment of both the current and the forecast direction of conditions at the reporting date. Payment default is where PHP assesses there could be a probable failure of a tenant making a contractual payment of rent. The Group has therefore not recognised a significant loss allowance because historical experience has indicated that the risk profile of trade receivables is deemed low, and any loss allowance would therefore be insignificant.

The Group’s principal customers are invoiced and pay quarterly in advance, usually on English, Scottish and Gale quarter days. There is no significant concentration of credit risk with respect to trade receivables, as the Group has a large number of tenants.

**12. Cash and cash equivalents**

	2023 £m	2022 £m
Cash held at bank	<b>3.2</b>	29.1
	<b>3.2</b>	29.1

Bank interest is earned at floating rates depending upon the bank deposit rate. Short term deposits may be made for varying periods of between one day and three months, dependent on available cash and forthcoming cash requirements of the Group. These deposits earn interest at various short term deposit rates.

**13. Trade and other payables**

	2023 £m	2022 £m
<b>Non-current liabilities</b>		
Other payables	<b>4.1</b>	—
	<b>4.1</b>	—

### Current liabilities

Trade payables	2.5	3.3
Bank and bond loan interest accrual	6.5	6.8
Other payables	8.6	9.1
VAT	6.7	5.9
Accruals	7.4	7.5
	<b>31.7</b>	<b>32.6</b>

## 14. Borrowings

### a) Term loans and overdrafts

The table indicates amounts drawn and undrawn from each individual facility as at 31 December:

	Expiry date	Facility		Amounts drawn		Undrawn	
		2023 £m	2022 £m	2023 £m	2022 £m	2023 £m	2022 £m
<b>Current</b>							
RBS overdraft	Jun 2024	5.0	5.0	—	—	5.0	5.0
Aviva MXF loan	Sep 2033	2.4	2.3	2.4	2.3	—	—
		<b>7.4</b>	<b>7.3</b>	<b>2.4</b>	<b>2.3</b>	<b>5.0</b>	<b>5.0</b>
<b>Non-current</b>							
Aviva loan	Oct 2036	200.0	200.0	200.0	200.0	—	—
Aviva loan	Nov 2028	75.0	75.0	75.0	75.0	—	—
Barclays loan	Sep 2026	100.0	100.0	—	—	100.0	100.0
HSBC loan	Dec 2026	100.0	100.0	64.4	25.5	35.6	74.5
Lloyds loan	Oct 2025	100.0	100.0	1.8	32.5	98.2	67.5
NatWest loan	Oct 2026	100.0	100.0	31.8	41.8	68.2	58.2
Santander loan	Jan 2025	50.0	50.0	24.4	38.6	25.6	11.4
Aviva MXF loan	Sep 2033	220.5	222.9	220.5	222.9	—	—
Aviva MXF loan	Sep 2028	30.8	30.8	30.8	30.8	—	—
		<b>976.3</b>	<b>978.7</b>	<b>648.7</b>	<b>667.1</b>	<b>327.6</b>	<b>311.6</b>
<b>Total</b>		<b>983.7</b>	<b>986.0</b>	<b>651.1</b>	<b>669.4</b>	<b>332.6</b>	<b>316.6</b>

At 31 December 2023, total facilities of £1,642.5 million (2022: £1,607.0 million) were available to the Group. This included a £70.0 million secured bond, a £100.0 million secured bond, a £150.0 million nominal value convertible bond, £44.2 million, £60.7 million, £65.0 million and £41.4 million Euro-denominated bonds, a £50.0 million Ignis loan note, a £77.5 million Standard Life loan note and a £5.0 million overdraft facility. Of these facilities, as at 31 December 2023, £1,309.9 million was drawn (2022: £1,290.4 million).

Costs associated with the arrangement and extension of the facilities, including legal advice and loan arrangement fees, are amortised using the effective interest rate.

Any amounts unamortised as at the period end are offset against amounts drawn on the facilities as shown in the table below:

	2023 £m	2022 £m
Term loans drawn: due within one year	2.4	2.3
Term loans drawn: due in greater than one year	648.7	667.1
Total terms loans drawn	651.1	669.4
Plus: MtM on loans net of amortisation	24.9	27.1
Less: unamortised borrowing costs	(9.1)	(11.7)
<b>Total term loans per the Group Balance Sheet</b>	<b>666.9</b>	<b>684.8</b>

The Group has been in compliance with all of the financial covenants of the above facilities as applicable through the year. Further details are shown in Note 17e.

The Group has entered into interest rate swaps to manage its exposure to interest rate fluctuations. These are set out in Note 16.

### b) Bonds

	2023 £m	2022 £m
<b>Unsecured:</b>		
Convertible bond July 2025 at fair value	147.7	142.9
Less: unamortised costs	—	—
Total unsecured bonds	147.7	142.9
<b>Secured:</b>		

Secured bond December 2025	70.0	70.0
Secured bond March 2027	100.0	100.0
€51 million secured bond (Euro private placement) December 2028–30	44.2	45.1
€70 million secured bond (Euro private placement) September 2031	60.7	62.0
€75 million secured bond (Euro private placement) February 2034	65.0	66.4
€47.8 million secured bond (Euro private placement) December 2033	41.4	—
Ignis loan note December 2028	50.0	50.0
Standard Life loan note September 2028	77.5	77.5
Less: unamortised bond issue costs	(3.6)	(3.6)
Plus: MtM on loans net of amortisation	3.5	4.3
<b>Total secured bonds</b>	<b>508.7</b>	<b>471.7</b>
<b>Total bonds</b>	<b>656.4</b>	<b>614.6</b>

There were no bond conversions during the year (2022: £nil).

#### Secured bonds

On 18 December 2013, PHP successfully listed the floating rate guaranteed secured bonds issued on 4 November 2013 (the “Secured Bonds”) on the London Stock Exchange. The Secured Bonds have a nominal value of £70.0 million and mature on 30 December 2025. The Secured Bonds incur interest at an annualised rate of 220bps plus a credit spread adjustment of 28bps above six-month SONIA, payable semi-annually in arrears.

On 21 March 2017, a £100.0 million Secured Bond was issued for a ten-year term at a fixed coupon of 2.83% that matures on 21 March 2027. Interest is paid semi-annually in arrears.

On 20 December 2018, senior secured notes for a total of €51.0 million (£44.2 million) were issued at a blended fixed rate of 2.4793% and a weighted average maturity of 10.4 years. Interest is paid semi-annually in arrears. The notes represent PHP’s first Euro-denominated transaction in the private placement market. The secured notes were placed with UK and Irish institutional investors in two tranches:

- €40.0 million 2.46% senior notes due December 2028; and
- €11.0 million 2.633% senior notes due December 2030.

On 16 September 2019, new senior secured notes for a total of €70.0 million (£60.7 million) were issued at a fixed rate of 1.509% and a maturity of twelve years. Interest is paid semi-annually in arrears. The secured notes are guaranteed by the Company and were placed with UK and Irish institutional investors.

On 11 February 2022, the Group issued a new €75.0 million (£65.0 million) secured private placement loan note to MetLife for a twelve-year term at a fixed rate of 1.64%. The loan notes have the option to be increased by a further €75 million to €150 million over the next three years at MetLife’s discretion.

On 19 December 2023, new senior secured notes for a total of €47.8 million (£41.4 million) were issued at a fixed rate of 4.195% and a maturity of ten-years. Interest is paid semi-annually in arrears. The secured notes are guaranteed by the Company and were placed with UK and Canadian institutional investors.

#### Ignis and Standard Life loan notes

On 14 March 2019, the loan notes were added to the portfolio as a part of the MedicX acquisition. The Ignis loan note of £50.0 million incurs a fixed coupon of 3.99% payable semi-annually in arrears and matures on 7 December 2028.

The Standard Life loan note matures on 30 September 2028 and is split into two tranches, £50.0 million and £27.5 million at fixed coupon rates of 3.84% and 3.00% respectively. Interest is payable semi-annually in arrears.

#### Convertible bond

On 15 July 2019, PHP Finance (Jersey No. 2) Limited (the “Issuer”), a wholly owned subsidiary of the Group, issued £150.0 million of 2.875% convertible bonds (the “Bonds”) for a six-year term and if not previously converted, redeemed or purchased and cancelled, the Bonds will be redeemed at par on maturity in July 2025. The net proceeds were partially used to repay the Company’s £75.0 million 5.375% senior unsecured retail bonds at maturity and otherwise for general corporate purposes.

Subject to certain conditions, the Bonds will be convertible into fully paid Ordinary Shares of the Company and the initial exchange price was set at 153.25 pence, a premium of 15% above the volume weighted average price of the Company’s shares on 18 June 2019, being 133.26 pence. Under the terms of the Bonds, the Company will have the right to elect to settle exercise of any conversion rights entirely in shares or cash, or with a combination of shares and cash. The exchange price is subject to adjustment if dividends paid per share exceed 2.8 pence per annum and other certain circumstances and consequently the exchange price has been adjusted to 131.72 pence as at 31 December 2023 (2022: 137.69 pence).

	2023 £m	2022 £m
Opening balance – fair value	142.9	171.6
Issued in the year	—	—
Fair value movement in convertible bond	4.8	(28.7)
<b>Closing balance – fair value</b>	<b>147.7</b>	<b>142.9</b>

The fair value of the Bonds at 31 December 2023 and 31 December 2022 was established by obtaining quoted market prices. The fair value movement is recognised in the Group Statement of Comprehensive Income within profit before taxation and is excluded from the calculation of EPRA earnings and EPRA NTA (replacing EPRA NAV).

**c) Total borrowings**

	2023 £m	2022 £m
Current liabilities:		
Term loans and overdrafts	2.4	2.3
Bonds	—	—
<b>Total current liabilities</b>	<b>2.4</b>	<b>2.3</b>
Non-current liabilities:		
Term loans	648.7	667.1
MtM on loans net of amortisation	24.9	27.1
Less: unamortised loan issue costs	(9.1)	(11.7)
<b>Total non-current liabilities</b>	<b>664.5</b>	<b>682.5</b>
Bonds	658.8	621.0
MtM on bonds net of amortisation	3.5	4.3
MtM on convertible bond	(2.3)	(7.1)
Less: unamortised bond issue costs	(3.6)	(3.6)
<b>Total non-current bonds</b>	<b>656.4</b>	<b>614.6</b>
<b>Total borrowings</b>	<b>1,323.3</b>	<b>1,299.4</b>

	2023 £m	2022 £m
<b>Balance as at 1 January</b>	<b>1,299.1</b>	<b>1,277.1</b>
<b>Changes from financing activities</b>		
Proceeds from bond issues	41.2	62.9
Term bank loan drawdowns	282.4	161.6
<b>New facilities drawn</b>	<b>323.6</b>	<b>224.5</b>
Repayments of mortgage principal	(2.3)	(2.2)
Repayments of term bank loans	(297.7)	(173.5)
<b>Repayments of term loan borrowings</b>	<b>(300.0)</b>	<b>(175.7)</b>
Loan and bond interest paid	(47.0)	(39.8)
Swap interest paid	3.9	1.4
Swap premium paid	(1.9)	—
Loan/bond issue costs for new facilities/refinancing	(1.8)	(3.5)
	(46.8)	(41.9)
<b>Total changes from financing cash flows</b>	<b>(23.2)</b>	<b>6.9</b>
<b>Other non-cash changes</b>		
Loan and bond interest expense	47.4	40.5
Swap interest expense	(4.6)	(1.4)
Fair value movement on derivatives interest rate swaps	4.3	(2.6)
Fair value movement on Convertible Bond	4.8	(28.7)
MtM on loans net of amortisation	(3.0)	(3.0)
Amortisation of loan issue costs	4.4	1.8
Exchange gain on translation of foreign balances	(4.1)	8.5
<b>Total other changes</b>	<b>49.2</b>	<b>15.1</b>
<b>Balance as at 31 December</b>	<b>1,325.1</b>	<b>1,299.1</b>

**15. Head lease liabilities**

The Group holds certain long leasehold properties which are classified as investment properties. The head leases are accounted for as finance leases. These leases typically have lease terms between 25 years and perpetuity and fixed rentals.

	2023 £m	2022 £m
Due within one year	0.1	0.1
Due after one year	2.9	3.1
<b>Closing balance – fair value</b>	<b>3.0</b>	<b>3.2</b>

**16. Derivatives and other financial instruments**

It is Group policy to maintain the proportion of floating rate interest exposure at between 20% and 40% of total debt facilities. The Group uses interest rate swaps to mitigate its remaining exposure to interest rate risk in line with this policy. The fair value of these contracts is recorded in the balance sheet and is determined by discounting future cash flows at the prevailing market rates at the balance sheet date.

	2023 £m	2022 £m
<b>Fair value of interest rate swaps not qualifying as cash flow hedges under IAS 39:</b>		
Current assets	10.5	—
Non-current assets	0.9	19.6
Current liabilities	(6.7)	—
Non-current liabilities	—	(12.5)
<b>Total fair value of interest rate swaps</b>	<b>4.7</b>	<b>7.1</b>

Changes in the fair value of the contracts that do not meet the strict IAS 39 criteria to be designated as effective hedging instruments are taken to the Group Statement of Comprehensive Income. For contracts that meet the IAS 39 criteria and are designated as “effective” cash flow hedges, the change in fair value of the contract is recognised in the Group Statement of

Changes in Equity through the cash flow hedging reserve. The result recognised in the Group Statement of Comprehensive Income relates to the amortisation of the cash flow hedging reserve of £4.1 million (2022: £4.5 million).

Interest rate swaps and caps with a contract value of £152.0 million (2022: £100.0 million) were in effect at 31 December 2023. Details of all floating to fixed rate interest rate swap contracts held are as follows:

Contract value	Product	Start date	Maturity	Fixed interest per annum %
<b>2023</b>				
€20.0 million (£17.3 million)	<b>Euro cap</b>	<b>April 2023</b>	<b>October 2025</b>	<b>2.0000</b>
€20.0 million (£17.3 million)	<b>Euro cap</b>	<b>April 2023</b>	<b>October 2025</b>	<b>2.0000</b>
€20.0 million (£17.4 million)	<b>Euro cap</b>	<b>April 2023</b>	<b>October 2025</b>	<b>2.0000</b>
£100.0 million	<b>Swap</b>	<b>October 2021</b>	<b>November 2024</b>	<b>0.0699</b>
£(66.0) million	<b>Reverse swap</b>	<b>October 2021</b>	<b>November 2024</b>	<b>2.5200</b>
£66.0 million	<b>Cap</b>	<b>October 2021</b>	<b>November 2024</b>	<b>1.2500</b>
£(67.0) million	<b>Reverse swap</b>	<b>October 2021</b>	<b>November 2024</b>	<b>2.5200</b>
£67.0 million	<b>Cap</b>	<b>October 2021</b>	<b>November 2024</b>	<b>1.2500</b>
£(67.0) million	<b>Reverse swap</b>	<b>October 2021</b>	<b>November 2024</b>	<b>2.5200</b>
£67.0 million	<b>Cap</b>	<b>October 2021</b>	<b>November 2024</b>	<b>1.2500</b>
£152.0 million				
<b>2022</b>				
£100.0 million	Swap	October 2021	November 2024	0.0699
£(66.0) million	Reverse swap	October 2021	November 2024	2.5200
£66.0 million	Cap	October 2021	November 2024	1.2500
£(67.0) million	Reverse swap	October 2021	November 2024	2.5200
£67.0 million	Cap	October 2021	November 2024	1.2500
£(67.0) million	Reverse swap	October 2021	November 2024	2.5200
£67.0 million	Cap	October 2021	November 2024	1.2500
£100.0 million				

On 28 October 2021 the HSBC £100.0 million variable leg of the LIBOR swap was converted to SONIA. The term and fixed rate were unchanged at November 2024 expiry and 0.0699%.

On 27 October 2021 three new swap agreements were entered into totalling £200.0 million. All are effective until 29 November 2024 and receive a fixed rate of 2.52%, with variable rates payable. These included a £66.0 million swap agreement with HSBC paying a variable of SONIA + 1.6275%, a £67.0 million swap agreement with Barclays paying a variable of SONIA + 1.575% and a £67.0 million swap agreement with NatWest paying a variable of SONIA + 1.5849%. A one-off payment of £1.8 million across all three new swap agreements was made to cap SONIA at 1.25% for the length of the agreement, equivalent to 0.1 pence per share on an adjusted net tangible asset value basis.

On 18 April 2023, the Group converted €60.0 million (£51.6 million) of Sterling equivalent denominated debt into Euros across its various revolving credit facilities. The Group purchased 2.0% caps on €60 million nominal value for a period of 2.5 years until October 2025 for an all-in premium of €2.2 million (£1.9 million).

## 17. Financial risk management

In pursuing its investment objectives, the Group is exposed to a variety of risks that could impact net assets or distributable profits.

The Group’s principal financial liabilities, other than interest rate swaps, are loans and borrowings hedged by these swaps. The main purpose of the Group’s loans and borrowings is to finance the acquisition and development of the Group’s property portfolio. The Group has trade and other receivables, trade and other payables and cash and short term deposits that arise directly from its operations.

A review of the Group’s objectives, policies and processes for managing and monitoring risk is set out in the Strategic Report. This Note provides further detail on financial risk management and includes quantitative information on specific financial risks.

## Financial risk factors

### a) Interest rate risk

Interest rate risk is the risk that future cash flows of a financial instrument will fluctuate because of changes in market interest rates. The Group's exposure to the risk of changes in market interest rates relates primarily to the Group's long term debt obligations with floating rates as the Group, generally, does not hold significant cash balances, with short term borrowings being used when required. To manage its interest rate risk, the Group enters into interest rate swaps, in which the Group agrees to exchange, at specified intervals, the difference between fixed and variable rate interest amounts calculated by reference to an agreed-upon principal amount. Note 16 provides details of interest swap contracts in effect at the year end.

### Interest rate exposure

The analysis of the Group's exposure to interest rate risk in its debt portfolio as at 31 December 2023 is as follows:

	Facilities		Net debt drawn	
	£m	%	£m	%
Fixed rate debt	1,117.5	68.0	1,117.5	85.5
Hedged by fixed rate interest rate swaps	100.0	6.1	100.0	7.7
Hedged by fixed to floating rate interest rate swaps	(200.0)	(12.2)	(200.0)	(15.3)
Total fixed rate debt	1,017.5	61.9	1,017.5	77.9
Hedged by interest rate caps	252.0	15.4	252.0	19.3
Floating rate debt – unhedged	373.0	22.7	37.2	2.8
<b>Total</b>	<b>1,642.5</b>	<b>100.0</b>	<b>1,306.7</b>	<b>100.0</b>

The sensitivity analysis below shows the impact on profit before tax and equity of reasonably possible movements in interest rates with all other variables held constant. It should be noted that the impact of movement in the interest rate variable is not necessarily linear.

The fair value is arrived at with reference to the difference between the contracted rate of a swap and the market rate for the remaining duration at the time the valuation is performed. As market rates increase and this difference reduces, the associated fair value also decreases.

		Impact on income statement £m	Total impact on equity £m
<b>2023</b>			
Sterling Overnight Index Average Rate	Increase of 50 basis points	<b>(1.0)</b>	<b>(1.0)</b>
Sterling Overnight Index Average Rate	Decrease of 50 basis points	<b>1.0</b>	<b>1.0</b>
<b>2022</b>			
Sterling Overnight Index Average Rate	Increase of 50 basis points	(2.0)	(2.0)
Sterling Overnight Index Average Rate	Decrease of 50 basis points	2.0	2.0

### b) Credit risk

Credit risk is the risk that a counterparty will not meet its obligations under financial instruments or customer contracts, leading to a financial loss. The Group is exposed to credit risk from its principal financial assets, cash and cash equivalents, and trade and other receivables (see Notes 11 and 12).

#### Trade receivables

Trade receivables, primarily tenant rentals, are recognised and carried at amortised cost and presented in the balance sheet net of loss allowances and are monitored on a case-by-case basis. Impairment losses are recognised through the expected credit loss model. Credit risk is primarily managed by requiring tenants to pay rentals in advance.

The Group has policies in place to ensure that rental contracts are entered into only with lessees with an appropriate credit history.

#### Banks and financial institutions

One of the principal credit risks of the Group arises from financial derivative instruments and deposits with banks and financial institutions. The Board of Directors believes that the credit risk on short term deposits and interest rate swaps is limited because the counterparties are banks, which are committed lenders to the Group, with reputable credit ratings assigned by international credit rating agencies.

### c) Liquidity risk

The liquidity risk is that the Group will encounter difficulty in meeting obligations associated with its financial liabilities as the majority of the Group's assets are property investments and are therefore not readily realisable. The Group's objective is to maintain a mixture of available cash and committed bank facilities that is designed to ensure that the Group has sufficient available funds for its operations and to fund its committed capital expenditure. This is achieved by continuous monitoring of forecast and actual cash flows.

The table below summarises the maturity profile of the Group's financial liabilities based on contractual undiscounted payments including interest.

	On demand £m	Less than three months £m	Three to twelve months £m	One to five years £m	More than five years £m	Total £m
<b>2023</b>						

Interest-bearing loans and borrowings	—	12.7	38.6	848.9	688.3	1,588.5
Interest rate swaps (net)	—	(0.8)	(2.2)	(0.8)	—	(3.8)
Trade and other payables	2.0	18.6	4.5	1.4	2.6	29.1
	<b>2.0</b>	<b>30.5</b>	<b>40.9</b>	<b>849.5</b>	<b>690.9</b>	<b>1,613.8</b>
<b>2022</b>						
Interest-bearing loans and borrowings	—	11.3	34.4	500.0	1,037.9	1,583.6
Interest rate swaps (net)	—	(0.2)	(0.6)	(0.8)	—	(1.6)
Trade and other payables	2.7	16.4	3.5	1.8	2.1	26.5
	<b>2.7</b>	<b>27.5</b>	<b>37.3</b>	<b>501.0</b>	<b>1,040.0</b>	<b>1,608.5</b>

The Group's borrowings have financial covenants which, if breached, could result in the borrowings becoming repayable immediately. Details of the covenants are given under (e) Capital risk management and are disclosed to the facility providers on a quarterly basis. There have been no breaches during the year (2022: none).

#### d) Market risk

Market risk is the risk that fair values of financial instruments will fluctuate because of changes in market prices. The Board of Directors has identified two elements of market risk that principally affect the Group – interest rate risk and price risk.

##### Interest rate risk

Interest rate risk is outlined above. The Board assesses the exposure to other price risks when making each investment decision and monitors the overall level of market risk on the investment portfolio on an ongoing basis through a discounted cash flow analysis. Details of this analysis can be found in the Strategic Report in the Annual Report.

##### Price risk

The Group is exposed to price risk in respect of property price risk including property rentals risk. Refer to Note 2.3. The Group has no significant exposure to price risk in respect of financial instruments other than the convertible bond and interest rate derivatives (see also Note 16), as it does not hold any equity securities or commodities.

##### Fair values

Set out below is a comparison by class of the carrying amount and fair values of the Group's financial instruments that are carried in the financial statements.

	Book value 2023 £m	Fair value 2023 £m	Book value 2022 £m	Fair value 2022 £m
<b>Financial assets</b>				
Trade and other receivables	18.4	18.4	12.6	12.6
Ineffective interest rate swaps	11.4	11.4	19.6	19.6
Cash and short term deposits	3.2	3.2	29.1	29.1
<b>Financial liabilities</b>				
Interest-bearing loans and borrowings	(1,323.3)	(1,203.8)	(1,299.4)	(1,149.1)
Ineffective interest rate swaps	(6.7)	(6.7)	(12.5)	(12.5)
Trade and other payables	(27.8)	(27.8)	(24.9)	(24.9)

The fair value of the financial assets and liabilities is included as an estimate of the amount at which the instruments could be exchanged in a current transaction between willing parties, other than a forced sale. The following methods and assumptions were used to estimate fair values:

- the fair values of the Group's cash and cash equivalents and trade payables and receivables are not materially different from those at which they are carried in the financial statements due to the short term nature of these instruments;
- the fair value of floating rate borrowings is estimated by discounting future cash flows using rates currently available for instruments with similar terms and remaining maturities. The fair value approximates their carrying values, gross of unamortised transaction costs;
- the fair value of fixed rate debt is estimated using the mid yield to maturity on the reporting date. The valuations are on a clean basis, which excludes accrued interest from the previous settlement date to the reporting date; and
- the fair values of the derivative interest rate swap contracts are estimated by discounting expected future cash flows using market interest rates and yield curves over the remaining term of the instrument.

##### Fair value hierarchy

The table below analyses financial instruments carried at fair value, by valuation method. The different levels are defined as follows:

Level 1: Quoted (unadjusted) prices in active markets for identical assets or liabilities.

Level 2: Other techniques for which all inputs which have a significant effect on the recorded fair value are observable, either directly or indirectly.

Level 3: Techniques which use inputs which have a significant effect on the recorded fair value that are not based on observable market data.

Fair value measurements at 31 December 2023 were as follows:

##### Primary Health Properties PLC

Preliminary results for the year ended 31 December 2023

Recurring fair value measurements	Level 1 £m	Level 2 £m	Level 3 £m	Total £m
<b>Financial assets</b>				
Derivative interest rate swaps	—	11.4	—	11.4
<b>Financial liabilities</b>				
Derivative interest rate swaps	—	(6.7)	—	(6.7)
Convertible bond	(147.7)	—	—	(147.7)
Fixed rate debt	—	(1,011.4)	—	(1,011.4)

Fair value measurements at 31 December 2022 were as follows:

Recurring fair value measurements	Level 1 £m	Level 2 £m	Level 3 £m	Total £m
<b>Financial assets</b>				
Derivative interest rate swaps	—	19.6	—	19.6
<b>Financial liabilities</b>				
Derivative interest rate swaps	—	(12.5)	—	(12.5)
Convertible bond	(142.9)	—	—	(142.9)
Fixed rate debt	—	(797.8)	—	(797.8)

The interest rate swaps whose fair values include the use of level 2 inputs are valued by discounting expected future cash flows using market interest rates and yield curves over the remaining term of the instrument. The following inputs are used in arriving at the valuation:

- interest rates;
- yield curves;
- swaption volatility;
- observable credit spreads;
- credit default swap curve; and
- observable market data.

#### e) Capital risk management

The primary objectives of the Group's capital management are to ensure that it remains a going concern, operates within its quantitative banking covenants and meets the criteria so as to continue to qualify for UK REIT status.

The capital structure of the Group consists of shareholders' equity and net borrowings. The type and maturity of the Group's borrowings are analysed further in Notes 14 and 16 and the Group's equity is analysed into its various components in the Group Statement of Changes in Equity. The Board monitors and reviews the Group's capital so as to promote the long term success of the business, to facilitate expansion and to maintain sustainable returns for shareholders.

Under several of its debt facilities, the Group is subject to a covenant whereby consolidated Group rental income must exceed Group borrowing costs by the ratio 1.3:1 (2022: 1.3:1). No debt facility has a Group loan to value covenant.

Facility-level covenants also operate with regard to specific pools of property assets provided to lenders to secure individual loan facilities. These range as follows:

- interest cover<sup>1</sup>: 1.15 to 2.25 (2022: 1.15 to 2.25); and
- loan to value<sup>1</sup>: 55% to 75% (2022: 55% to 75%).

UK REIT compliance tests include loan to property value and gearing tests. The Group must satisfy these tests in order to continue trading as a UK REIT. This is also an internal requirement imposed by the Articles of Association.

During the year the Group has complied with all of the requirements set out above.

1 See Glossary of Terms.

	2023 £m	2022 £m
Group loan to value ratio		
Fair value of completed investment properties	2,775.3	2,788.6
Fair value of development properties	1.0	4.5
Ground rent recognised as finance leases	3.0	3.2
	<b>2,779.3</b>	<b>2,796.3</b>
Interest-bearing loans and borrowings (with convertible bond at nominal value)	1,309.9	1,290.4
Less cash held	(3.2)	(29.1)
Nominal amount of interest-bearing loans and borrowings	<b>1,306.7</b>	<b>1,261.3</b>
Group loan to value ratio	<b>47.0%</b>	<b>45.1%</b>

## 18. Share capital

*Ordinary Shares issued, authorised and fully paid at 12.5 pence each*

	2023		2022	
	Number – million	£m	Number – million	£m
<b>Balance at 1 January</b>	<b>1,336.5</b>	<b>167.1</b>	1,332.9	166.6
Scrip issues in lieu of cash dividends	—	—	3.6	0.5
Share issues	—	—	—	—
Share issues on other acquisitions	—	—	—	—
<b>Balance at 31 December</b>	<b>1,336.5</b>	<b>167.1</b>	1,336.5	167.1

## 19. Share premium

	2023 £m	2022 £m
<b>Balance at 1 January</b>	<b>479.4</b>	474.9
Scrip issues in lieu of cash dividends	—	4.6
Share issues on other acquisitions	—	—
Share issue expense	—	(0.1)
<b>Balance at 31 December</b>	<b>479.4</b>	479.4

## 20. Merger and other reserves

The merger and other reserves are made up of the capital reserve which is held to finance any proposed repurchases of Ordinary Shares, following approval of the High Court in 1998, the foreign exchange translation reserve and the premium on shares issued for the MedicX Fund Limited merger and the Nexus merger.

	2023 £m	2022 £m
<b>Capital reserve</b>		
Balance at 1 January and 31 December	1.6	1.6
<b>Foreign exchange translation reserve</b>		
Balance at 1 January	1.0	(2.2)
Exchange differences on translation of foreign balances	(1.4)	3.2
<b>Balance at 31 December</b>	<b>(0.4)</b>	1.0
<b>Merger reserve</b>		
Balance at 1 January and 31 December	414.1	414.1
<b>Balance of merger and other reserves at 31 December</b>	<b>415.3</b>	416.7

## 21. Hedging reserve

Information on the Group's hedging policy and interest rate swaps is provided in Note 16.

The transfer to the Group Statement of Comprehensive Income can be analysed as follows:

	2023 £m	2022 £m
<b>Balance at 1 January</b>	<b>(11.1)</b>	(15.6)
Amortisation of cash flow hedging reserve	4.1	4.5
<b>Balance at 31 December</b>	<b>(7.0)</b>	(11.1)

The balance within the cash flow hedge reserve relating to cancelled swaps will be amortised through the Group Statement of Comprehensive Income over the remainder of the original contract period (see Note 6b).

## 22. Retained earnings

	2023 £m	2022 £m
<b>Balance at 1 January</b>	<b>430.1</b>	460.5
Retained profit for the year	27.3	56.3
Dividends paid	(89.5)	(81.6)
Scrip dividend in lieu of cash	—	(5.1)
Exchange differences on translation of foreign balances	1.1	—
Share-based awards ("LTIP")	0.1	—
<b>Balance at 31 December</b>	<b>369.1</b>	430.1

### 23. Capital commitments

As at 31 December 2023, the Group has entered into forward funding development agreements with third parties for the development of primary healthcare properties in the UK and Ireland. The Group has acquired the land and advances funds to the developers as the construction progresses. Total consideration of £5.4 million (2022: £2.8 million) remains to be funded with regard to these properties.

As at 31 December 2023, the Group has capital commitments totalling £7.1 million (2022: £9.9 million), being the cost to complete asset management projects on site, together with deferred consideration on the acquisition of Axis of £2.1 million (€2.5 million).

### 24. Related party transactions

Harry Hyman, Chief Executive Officer, is a Director and the ultimate beneficial owner of a number of Nexus entities and is considered to be a related party. Following the acquisition of certain Nexus entities on the internalisation of management structure on 5 January 2021, the Group has continued to share certain operational services with a Nexus entity, Nexus Central Management Services Limited. Harry Hyman is a current Director and ultimate controlling party of Nexus Central Management Services Limited.

Amounts paid during the period in relation to shared services totalled £nil million (31 December 2022: £0.1 million).

As at 31 December 2023, outstanding fees payable to Nexus totalled £nil (31 December 2022: £nil).

### 25. Subsequent events

There have been no significant events affecting the Group since the period ended 31 December 2023.

### 26. Audit exemptions taken for subsidiaries

The following subsidiaries are exempt from the requirements of the Companies Act 2006 relating to the audit of individual accounts by virtue of Section 479A of the Act.

Name	Companies House registration number
PHP Epsom Limited	12004850
GP Property One Limited	10801028
PHP SPV Limited	12256431
PHP Primary Properties (Haymarket) Limited	08304612
MXF Properties Bridlington Limited	07763871
PHP Tradeco Holdings Limited	09642987
PHP Health Solutions Limited	06949900
PHP Tradeco Limited	07685933
PHP Property Management Services Limited	02877191
PHP Primary Care Developments Limited	11862233
PHP Croft Limited	13938144
PHP (Spilsby) Limited	13735391

## Glossary of terms

**Adjusted earnings** is EPRA earnings excluding the contract termination fee and amortisation of MtM adjustments for fixed rate debt acquired on the merger with MedicX.

**Adjusted earnings per share** is adjusted earnings divided by the weighted average number of shares in issue during the year.

**Adjusted net tangible assets (“adjusted NTA”)** (which has replaced the former adjusted EPRA net asset value alternative performance measure) is EPRA net tangible asset value excluding the MtM adjustment of the fixed rate debt, net of amortisation, acquired on the merger with MedicX. The objective of the adjusted NTA measure is to highlight the value of net assets on a long term basis and excludes assets and liabilities that are not expected to crystallise in normal circumstances and continues to be used as a measure to determine the PIF payment.

**Adjusted NTA per share** is adjusted NTA divided by the number of shares in issue at the balance sheet date.

**Annualised rental income** on a like-for-like basis is the contracted rent on a per annum basis assuming a consistent number of properties between each year.

**Average cost of debt** is the total interest cost of drawn debt and swaps, divided by the amount of drawn debt.

**Axis** is Axis Technical Services Limited.

**Building Research Establishment Environmental Assessment Method (“BREEAM”)** assesses the sustainability of buildings against a range of criteria.

**Clinical Commissioning Groups (“CCGs”)** are the groups of GPs and other healthcare professionals that are responsible for designing local health services in England with effect from 1 April 2013.

**Company and/or Parent** is Primary Health Properties PLC (“PHP”).

**CSRD** is Corporate Sustainability Reporting Directive.

**Direct property costs** comprise ground rents payable under head leases, void costs, other direct irrecoverable property expenses, rent review fees and valuation fees.

**District Valuer (“DV”)** is the District Valuer Service, being the commercial arm of the Valuation Office Agency (“VOA”). It provides professional property advice across the public sector and in respect of primary healthcare represents NHS bodies on matters of valuation, rent reviews and initial rents on new developments.

**Dividend cover** is the number of times the dividend payable (on an annual basis) is covered by adjusted earnings.

**Earnings per Ordinary Share from continuing operations (“EPS”)** is the profit attributable to equity holders of the Parent divided by the weighted average number of shares in issue during the year.

**EBITDA** is operating profit excluding amortisation of intangibles, Axis acquisition costs and investment property revaluations.

**EPC** is an Energy Performance Certificate.

**European Public Real Estate Association (“EPRA”)** is a real estate industry body, which has issued Best Practice Recommendations in order to provide consistency and transparency in real estate reporting across Europe.

**EPRA cost ratio** is the ratio of net overheads and operating expenses against gross rental income (with both amounts excluding ground rents payable). Net overheads and operating expenses relate to all administrative and operating expenses, net of any service fees, recharges or other income specifically intended to cover overhead and property expenses.

**EPRA earnings** is the profit after taxation excluding investment and development property revaluations, gains/losses on disposals, changes in the fair value of financial instruments and associated close-out costs and their related taxation and amortisation of non-monetary items such as intangible assets.

**EPRA earnings per share** is EPRA earnings divided by the weighted average number of shares in issue during the year.

**EPRA net assets (“EPRA NAV”)** is the balance sheet net assets excluding own shares held, the MtM value of derivative financial instruments and the convertible bond fair value movement and intangible assets.

**EPRA NAV per share** is the balance sheet net assets excluding own shares held, the MtM value of derivative financial instruments and the convertible bond fair value movement and intangible assets, divided by the number of shares in issue at the balance sheet date.

**EPRA NNNAV** is adjusted EPRA NAV including the MtM value of fixed rate debt and derivatives.

**EPRA net reinstatement value (“EPRA NRV”)** is the balance sheet net assets including real estate transfer taxes but excluding the MtM value of derivative financial instruments, deferred tax and the convertible bond fair value movement. The aim of the metric is to reflect the value that would be required to recreate the Company through the investment markets based on its current capital and financing structure. Refer to Note 8.

**EPRA NRV per share** is the EPRA net reinstatement value divided by the number of shares in issue at the balance sheet date. Refer to Note 8.

**EPRA net disposal value (“EPRA NDV”)** (replacing EPRA NNNAV) is adjusted EPRA NRV including deferred tax and the MtM value of fixed rate debt and derivatives. The aim of the metric is to reflect the value that would be realised under a disposal scenario. Refer to Note 8.

**EPRA net tangible assets (“NTA”)** (which has replaced the former EPRA net asset value alternative performance measure) is the balance sheet net assets but excluding the MtM value of derivative financial instruments, deferred tax and the convertible bond fair value movement. The aim of the metric is to reflect the fair value of the assets and liabilities of the Group that it intends to hold and does not intend in the long run to sell. Refer to Note 8.

**EPRA NTA per share** is the EPRA net tangible assets divided by the number of shares in issue at the balance sheet date. Refer to Note 8.

**EPRA vacancy rate** is, as a percentage, the ERV of vacant space in the Group’s property portfolio divided by ERV of the whole portfolio.

**Equivalent yield (true and nominal)** is a weighted average of the net initial yield and reversionary yield and represents the return a property will produce based upon the timing of the income received. The true equivalent yield assumes rents are received quarterly in advance. The nominal equivalent assumes rents are received annually in arrears.

**Estimated rental value (“ERV”)** is the external valuers’ opinion as to the open market rent which, on the date of valuation, could reasonably be expected to be obtained on a new letting or rent review of a property.

**Gross rental income** is the gross accounting rent receivable.

**Group** is Primary Health Properties PLC (“PHP”) and its subsidiaries.

**Headline earnings** is the profit after taxation excluding investment and development property revaluations, gains/losses on disposals and their related taxation.

**HSE** or the **Health Service Executive** is the executive agency of the Irish Government responsible for health and social services for people living in Ireland.

**IASs** are International Accounting Standards as adopted by the United Kingdom.

**IFRSs** are International Financial Reporting Standards as adopted by the United Kingdom.

**IFRS** or **basic net asset value per share (“IFRS NAV”)** is the balance sheet net assets, excluding own shares held, divided by the number of shares in issue at the balance sheet date.

**Interest cover** is the number of times net interest payable is covered by net rental income.

**Interest rate swap** is a contract to exchange fixed payments for floating payments linked to an interest rate, and is generally used to manage exposure to fluctuations in interest rates.

**JSE** is Johannesburg Stock Exchange, the largest stock exchange in Africa.

**Like for like** compares prior year to current year excluding acquisitions, disposals and developments.

**London Interbank Offered Rate (“LIBOR”)** is the interest rate charged by one bank to another for lending money.

**Loan to value (“LTV”)** is the ratio of net debt to the total value of properties.

**Mark to market (“MtM”)** is the difference between the book value of an asset or liability and its market value.

**MedicX** is MXF Fund Limited and its subsidiaries.

**MSCI (IPD)** provides performance analysis for most types of real estate and produces an independent benchmark of property returns.

**MSCI (IPD) Healthcare** is the UK Annual Healthcare Property Index.

**MSCI (IPD) total return** is calculated as the change in capital value, less any capital expenditure incurred, plus net income, expressed as a percentage of capital employed over the period, as calculated by MSCI (IPD).

**Net asset value (“NAV”)** is the value of the Group’s assets minus the value of its liabilities.

**Net debt** is total drawn debt, less cash and cash equivalents

**Net initial yield (“NIY”)** is the annualised rents generated by an asset, after the deduction of an estimate of annual recurring irrecoverable property outgoings, expressed as a percentage of the asset valuation (after notional purchasers’ costs).

**Net related income** is the related income after the payment of direct property costs, which include service charge payments.

**Net rental and related income** is the sum of net rental income and net related income.

**Net rental income** is the rental income receivable in the period after payment of direct property costs. Net rental income is quoted on an accounting basis.

**Net zero carbon** refers to the point at which a process, activity or system, etc. produces net zero carbon emissions, through emissions reduction, use of low or zero carbon energy and removal or offsetting of residual emissions. In the context of buildings and activities associated with the construction, refurbishment, maintenance and operation of buildings, PHP refers to the UK Green Building Council’s “Net zero carbon, a framework definition”.

**NHSPS** is NHS Property Services Limited, the company wholly owned and funded by the Department of Health, which, as of 1 April 2013, has taken on all property obligations formerly borne by primary care trusts.

**Occupancy** is the level of units occupied, after deducting the ERV vacancy rate.

**Parity value** is calculated based on dividing the convertible bond value by the exchange price.

**Progressive returns** is where it is expected to continue to rise each year.

**Progressive dividends** is where it is expected to continue to rise each year on a per share basis.

**Property Income Distribution (“PID”)** is the required distribution of income as dividends under the REIT regime. It is calculated as 90% of exempted net income.

**Real Estate Investment Trust (“REIT”)** is a listed property company which qualifies for and has elected into a tax regime, which exempts qualifying UK profits, arising from property rental income and gains on investment property disposals, from corporation tax, but which has a number of specific requirements.

**Related income** is the property and service charge income generated from the Axis business.

**Rent reviews** take place at intervals agreed in the lease and their purpose is usually to adjust the rent to the current market level at the review date.

**Rent roll** is the passing rent, being the total of all the contracted rents reserved under the leases.

**Reversionary yield** is the anticipated yield which the initial yield will rise to once the rent reaches the ERV and when the property is fully let. It is calculated by dividing the ERV by the valuation.

**Retail Price Index (“RPI”)** is the official measure of the general level of inflation as reflected in the retail price of a basket of goods and services such as energy, food, petrol, housing, household goods, travelling fare, etc. RPI is commonly computed on a monthly and annual basis.

**RICS** is the Royal Institution of Chartered Surveyors.

**RPI linked leases** are those leases which have rent reviews which are linked to changes in the RPI.

**Special reserve** is a distributable reserve.

**Sterling Overnight Interbank Average Rate (“SONIA”)** is the effective overnight interest rate paid by banks for unsecured transactions in the British Sterling market.

**Total expense ratio (“TER”)** is calculated as total administrative costs for the year divided by the average total asset value during the year.

**Total property return** is the overall return generated by properties on a debt-free basis. It is calculated as the net rental income generated by the portfolio plus the change in market values, divided by opening property assets plus additions.

	£m
Net rental and related income (A)	151.1
Revaluation deficit and profit on sales (B)	(53.0)
Total return (C)	98.1
Opening property assets	2,796.3
Weighted additions in the period	36.0
Total weighted average closing property assets (D)	2,832.3
Income return (A/D)	5.3%
Property return (B/D)	(1.8)%
<b>Total property return (C/D)</b>	<b>3.5%</b>

**Total adjusted NTA return** is calculated as the movement in adjusted net tangible asset value for the period plus the dividends paid, divided by opening EPRA net tangible asset value.

	Adjusted NTA per share
At 31 December 2022	112.6p
<b>At 31 December 2023</b>	<b>108.0p</b>
<b>Increase/(decrease)</b>	<b>(4.6)p</b>
Add: dividends paid	
Q1 interim	1.675p
Q2 interim	1.675p
Q3 interim	1.675p
Q4 interim	1.675p
<b>Total</b>	<b>2.1p</b>
<b>Total adjusted NTA return</b>	<b>1.9%</b>

**Total shareholder return** is calculated as the movement in the share price for the period plus the dividends paid, divided by the opening share price.

**Weighted average facility maturity** is calculated by multiplying each tranche of Group debt by the remaining period to its maturity and dividing the result by total Group debt in issue at the year end.

**Weighted average unexpired lease term (“WAULT”)** is the average lease term remaining to first break, or expiry, across the portfolio weighted by contracted rental income.

**Yield on cost** is the estimated annual rent of a completed development divided by the total cost of development, including site value and finance costs expressed as a percentage return.

**Yield shift** is a movement (usually expressed in basis points) in the yield of a property asset, or like-for-like portfolio, over a given period. Yield compression is a commonly used term for a reduction in yields.