



PRESS RELEASE

Primary Health Properties PLC
("PHP" or the "Group")

New partnership between PHP and UK Community Foundations supporting social prescribing programmes across Scotland and Lincolnshire

Primary Health Properties, a leading investor in modern primary health facilities, is delighted to announce the launch of its first two local community programmes in Scotland and Lincolnshire as part of its recently announced Community Impact Fund in partnership with UK Community Foundations ("UKCF"), to support health and wellbeing initiatives in the communities served by its medical practices.

Foundation Scotland and Lincolnshire Community Foundation have been the first UKCF members to deliver this scheme across their respective areas, to provide additional and innovative services for those most in need from the 570,000 patients served by practice buildings owned by PHP in these regions.

PHP is delighted to have delivered this recent work to coincide with national Social Prescribing Week and Social Prescribing Day, celebrated on Thursday 10 March 2022. [Social Prescribing Day](#) is an annual celebration of social prescribing, recognising local community groups and projects which have kept us healthy throughout the pandemic and beyond.

Social prescribing enables a holistic approach to people's health and wellbeing and is increasingly being used to complement the work of GPs and their teams. The approach continues to play a vital role in helping communities recover and rebuild after the coronavirus pandemic, with a particular emphasis on services to support mental health and combat loneliness.

As one of the UK's leading investors in modern primary healthcare facilities, PHP created the Community Impact Fund to support GP practices and their communities with this model of care. By partnering with UK Community Foundations, PHP has access to unparalleled grant-making expertise and deep knowledge of the communities they wish to support, ensuring the funds go to organisations which will make a real difference to the lives of local people.

The £150,000 Community Impact Fund has been distributed among 20 organisations which deliver a range of health and wellbeing programmes for their local communities. These include services to support young people's mental health and social inclusion, art therapy for children with long-term chronic conditions, gardening activities to promote wellbeing and equine assisted learning and therapy sessions. Funding was also granted to organisations which co-ordinate and signpost information about wellbeing to enable people to access the help they need.

While detailed monitoring of impact will be taking place as programmes are rolled out, it is anticipated that combined, the projects could benefit over 1,500 individuals through direct support and a further 17,000 through connecting and awareness activities.

Harry Hyman, CEO of Primary Health Properties, commented,

“We were delighted with the range and scope of the applications to our new Community Impact Fund. It’s clear that social prescribing is an important area of growth in promoting health and wellbeing and we look forward to hearing how the organisations we have funded are able to develop their services over the coming months.”

Rosemary Macdonald, CEO of UK Community Foundations, added,

“It is great to see our members in Scotland and Lincolnshire working with a new corporate partner to deliver much needed support to organisations doing vital work to promote health and wellbeing initiatives across their communities. We hope this is the start of a long-term partnership which will involve more of our members across the UK.”

More information on Primary Health Properties PLC can be found on www.phpgroup.co.uk

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APPLICANT	PROJECT
Climb 4 Ltd, Grimsby	Programme of therapeutic arts activities
Cudox Wellbeing CIC, Grimsby	Provision of free counselling
Don't Lose Hope CIO, Bourne	Delivery of 1-2-1 and group wellbeing sessions and volunteering opportunities in community garden and woodwork shed
Foxdale EAL, Oasby, Nr Grantham	Face to face and virtual group equine assisted learning and therapy sessions
Green Futures, Grimsby	Community garden wellbeing workshops
LCVS – East Lindsey	Cost of a Community Information Point (CIP) coordinator
Roxton PPG, NE Lincolnshire	Social prescribing awareness for patients and carers
St Wulfram's Church, Grantham	Set up of outdoor /garden activities for wholeness and wellbeing

APPLICANT	PROJECT
Montrose Community Trust	Tackling Health Project – men’s health
Glasgows Golden Generation	Dementia Access Champion
Richmond House	Establish a Friendship Group
Strathearn Artspace	Creative activities for positive mental well being
Strathcare	Cinema group for young people with mental health issues
Home Start	Young family support – coordinator costs
Carr Gomm	Craig Millar Community Development Projects
Inverclyde Community Care Forum	Counselling and mindfulness sessions
Thistle Health & Well Being	Wellbeing practitioner
Healthy Valleys	Community Health Navigator for referral and signposting
Parent to Parent	Decider Skills project extension
Tea Pot Trust	Art therapy for children with long term chronic conditions